2000 Independence County Youth Risk Behavior Survey



Photo by Matthews Photography

Coordinated by: Independence County Hometown Health Improvement and the Arkansas Department of Health Center for Health Statistics

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Center for Health Statistics

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What is the Youth Risk Behavior Survey?

The Youth Risk Behavior Survey (YRBS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice YRBS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a state-wide level, and locally.

During November, 2000, usable YRBS questionnaires were completed by 2048 seventh through twelfth grade students throughout Independence County public schools. The information provided by those students is presented in this report.

Why did Independence County conduct the YRBS?

Independence County was selected by the Arkansas Department of Health (ADH) to participate in Hometown Health Improvement (HHI), a new community health assessment project. Independence County HHI is working to assess the specific health needs of Independence County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members requested that the Youth Risk Behavior Survey be administered to the students in the seventh through twelfth grades at IndependenceCounty schools.

The YRBS will help Independence County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Independence County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2000 YRBS also provides Independence County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, YRBS' findings form a valuable base upon which Independence County can strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;

- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

How was the YRBS conducted?

During October, 2000, seventh through twelfth grade students enrolled in Independence County public schools completed the YRBS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Independence County schools' students participated in the survey:

- Batesville Schools
- Cord Charlotte Schools
 - Cushman Schools
 - Midland Schools
 - Newark Schools
 - Southside Schools
 - Sulphur Rock Schools

About This Report

This report entitled "1999-2000 Independence County Youth Risk Behavior Survey" summarizes the overall answers Independence County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Independence County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

This report summarizes Independence County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this YRBS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of YRBS participants giving those answers; and
- Major summary findings.

How Results Can Be Interpreted

Independence County's 1999-2000 Youth Risk Behavior Survey is a "snapshot in time" showing those health-risk behaviors reported by Independence County students in October, 2000. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Some students chose not to answer certain questions, meaning that all students surveyed were not represented in every response. Answers were edited for consistency using the Center for Disease Control and Prevention's YRBS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions, meaning that all students surveyed were not represented in every response.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Independence County schools who so graciously gave of their time and energy to see this survey through to its completion;
- Matthews Photography for providing the cover photograph;
- University of Arkansas Community College at Batesville for printing the report;
- Independence County C.E.O. group who understood the need to gather this data and worked to encourage and promote the implementation of the YRBS;
- The Independence County students who completed the YRBS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms; and
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

Interested individuals may request additional information. Researchers and professional wanting to build upon Independence County's 1999-2000 YRBS data may request additional data from:

Independence County Hometown Health Improvement Sonia Nix 1792 Myers Street Batesville, AR 72501

870-793-8847 independence@healthyarkansas.com

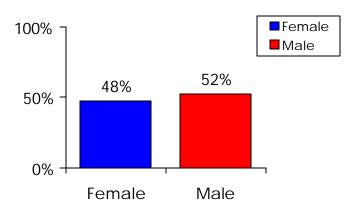
For more information about the Youth Risk Behavior Survey or analysis of the survey data, please contact:

Arkansas Center for Health Statistics
Tara Clark-Hendrix, Lead Programmer Analyst
Ph. 501-661-2194
tlclark@healthyarkansas.com

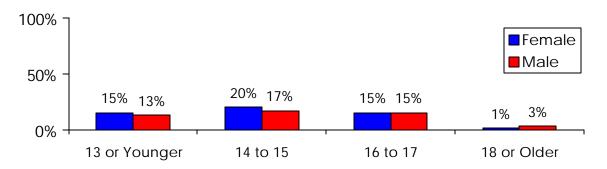
Demographics of survey participants:

Total number of survey participants = 2048

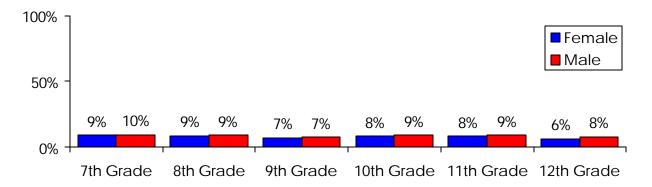
Gender



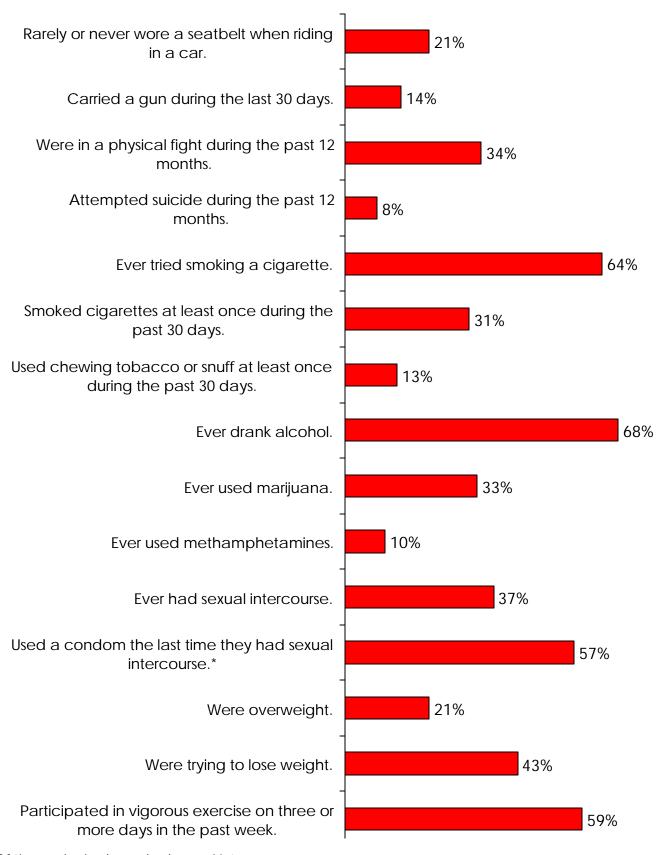
Age



Grade

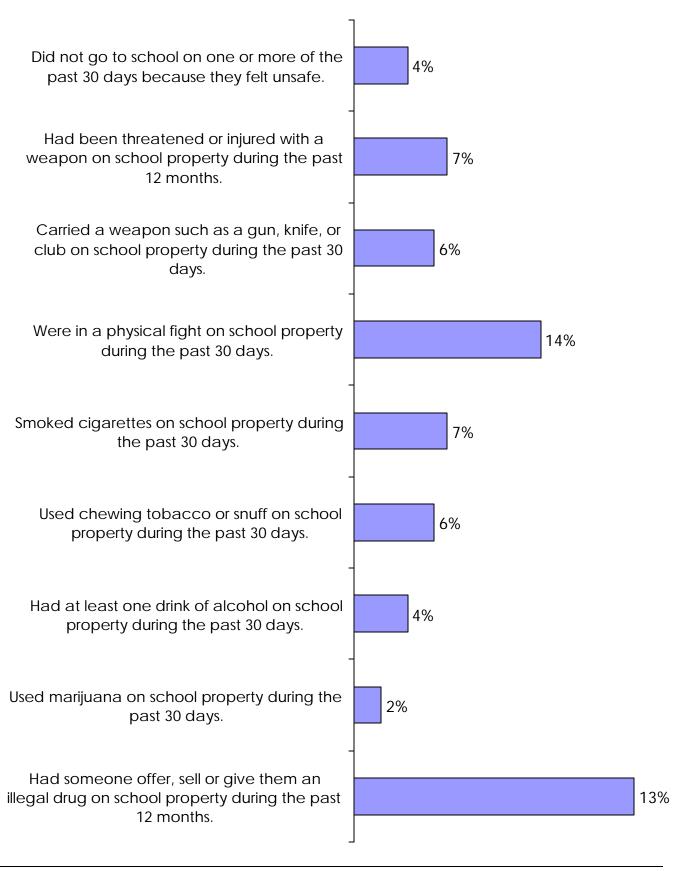


Summary of Independence County YRBS Findings



^{*} Of those who had ever had sexual intercourse

Summary of Behaviors Relating to School Property



Key Findings

The following summaries highlight Independence County students' responses on the Youth Risk Behavior Survey in key areas and provide an overview of Independence County students' current activities which impact their health.

Behaviors that Result in Injuries

- Of the students who had ridden a motorcycle during the 12 months prior to the survey, 52% said they rarely or never wore a helmet. Ninety percent (90%) of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Twenty-nine percent (29%) of the students surveyed said that during the
 previous month they had ridden in a vehicle driven by someone who had
 been drinking alcohol. Twelve percent (12%) indicated they had driven a
 vehicle after drinking alcohol during the past 30 days.
- Twenty-five percent (25%) of students carried a weapon such as a gun, knife, or club in the past 30 days, and 6% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 34% of the students had been in a physical fight one or more times. Of those students who had been in a physical fight, 11% had to be treated for injuries sustained while fighting.
- Ten percent (10%) of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Eight percent (8%) of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

Depression and Suicide

- Twenty seven percent (27%) of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months previous to being surveyed, 18% of students had seriously considered attempting suicide, 14% had made a plan about how they would attempt suicide, and 8% actually attempted to commit suicide. Two percent (2%) of students surveyed reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

Tobacco Use

- Sixty-four percent (64%) of the students surveyed said they had tried smoking a cigarette. Thirty-one percent (31%) reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 70% said they usually smoked two or more cigarettes on the days they smoked, and 17% said they usually got their own cigarettes by purchasing them at a store. Fifty-four percent (54%) of the student smokers who purchased cigarettes in a store in the month before the survey were not asked to show proof of age when they purchased cigarettes.
- Thirteen percent (13%) of the students had used chewing tobacco or snuff on one or more of the past 30 days, and 6% had used it on school property.
- Ten percent (14%) of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

Alcohol and Other Drug Use

- Sixty-eight percent (68%) of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 37% had taken their first drink by the age of 13.
- Thirty-seven percent (37%) of the students had taken at least one drink of alcohol in the month before the survey, and 25% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Thirty-three percent (33%) of the students said they had used marijuana at least once during their lives. Seventeen percent (17%) said they had smoked marijuana at least once during the last month.
- Twenty-two percent (22%) said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Seven percent (7%) had done so during the past month.
- Ten percent (10%) of the students surveyed had tried methamphetamines,
 2% tried heroin, and 7% had tried cocaine at least once during their lives.
 Two percent (2%) had used a needle to inject an illegal drug into their bodies at least once.
- Five percent (5%) of the students surveyed had taken steroid pills or shots without a doctor's prescription.

Sexual Activity

- Thirty-seven percent (37%) of the students who completed the survey said they had sexual intercourse. Eleven percent (11%) of the students reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 26% had used drugs or alcohol before their last sexual encounter, and 57% used a condom the last time they had sex.
- Four percent (4%) of the students surveyed reported that they had ever been or gotten someone pregnant.

Dietary Behaviors

- Twenty-one percent (21%) of the students surveyed were overweight, as measured by Body Mass Index. The Body Mass Index, or BMI, is a ratio of weight to height which allows people of different heights to be compared.
- While only 21% of the students are considered overweight as measured by BMI, 31% of the students perceived themselves as slightly to very overweight, and 43% reported that they were trying to lose weight.
- Thirty-six percent (36%) of the students ate less during the past 30 days to lose or keep from gaining weight, and 55% exercised, 6% vomited or took laxatives, 11% took diet pills, and 15% went without eating for 24 hours or more to lose weight or keep from gaining weight.

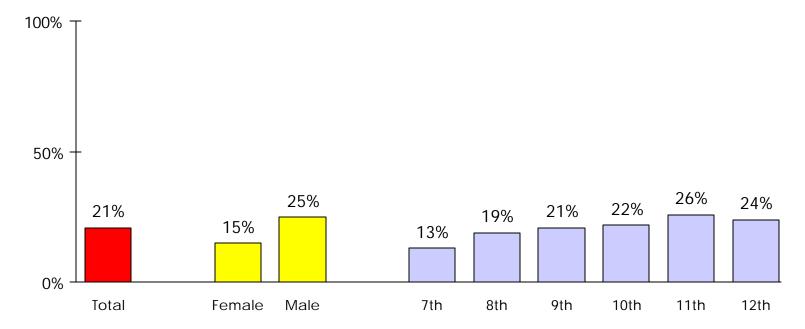
Physical Activity

- Fifty-nine percent (59%) of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Forty percent (40%) said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
- Thirty-five percent (35%) of the students attended a physical education (PE) class at least once during an average school week, and 58% said they had played on one or more sports teams during the past year.
- Thirty-five percent (35%) of the students indicated they had sustained an injury while exercising or being physically active that had to be treated by a doctor or nurse during the past year.

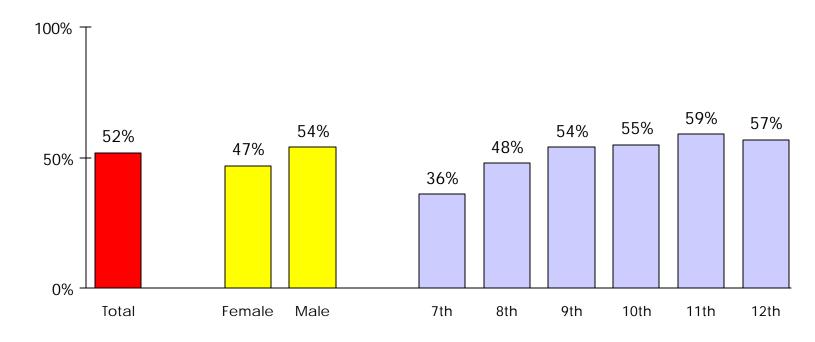
Vehicle Safety

These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.

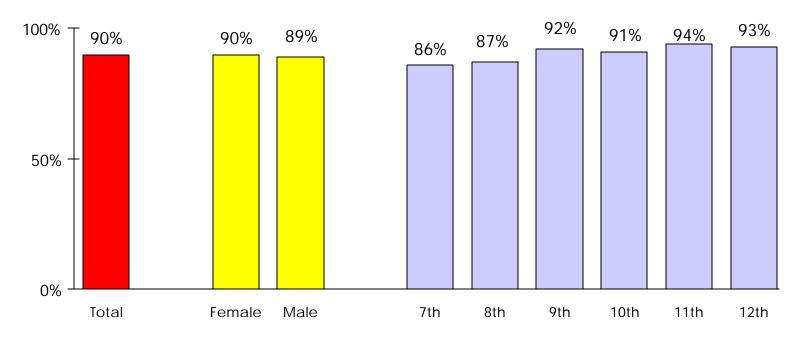
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.



Of students who rode a motorcycle during the past 12 months, the percentage who never or rarely wore a helmet.



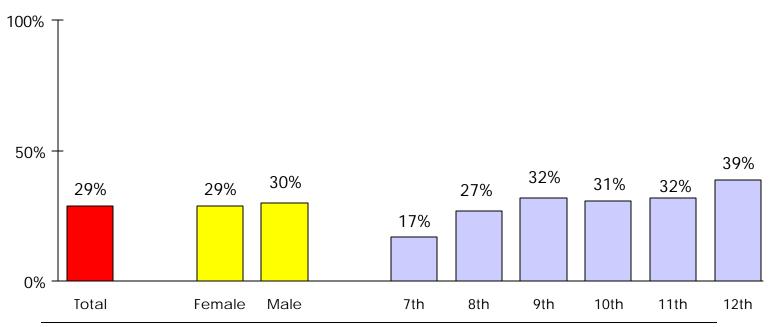
Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.



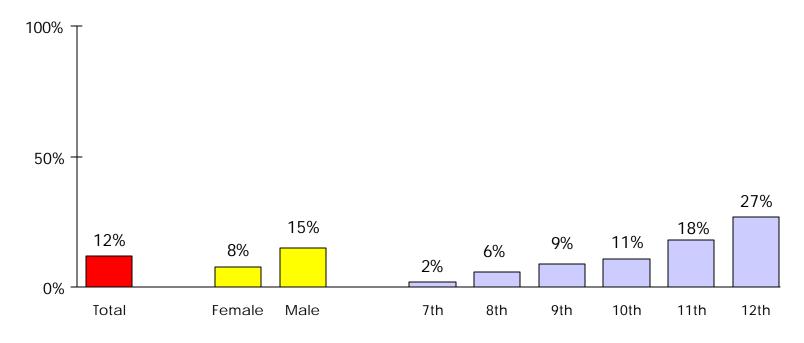
Vehicle Safety – Drinking and Driving

These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.

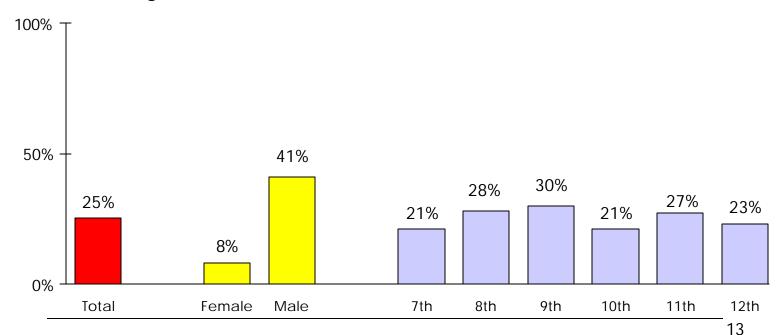


Violence-Related Behaviors

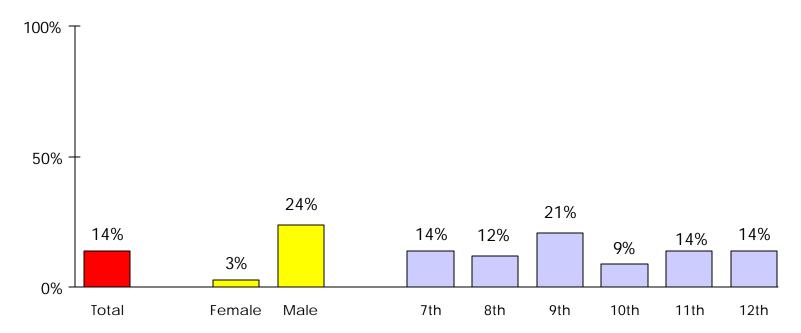
These questions measure violence-related behaviors.

Percentage of students who carried a weapon* on one or more of the past 30 days.

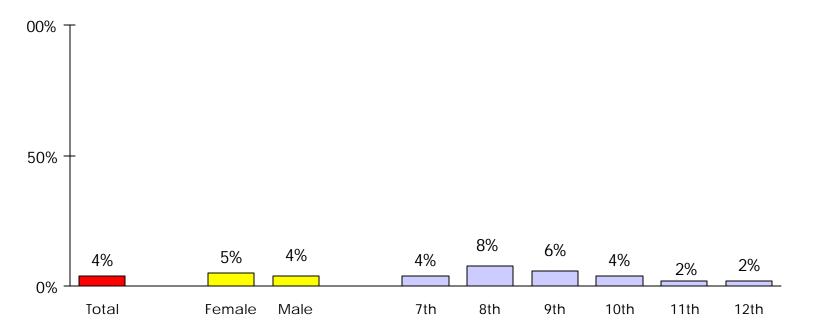
* such as a gun, knife, or club



Percentage of students who carried a gun on one or more of the past 30 days.



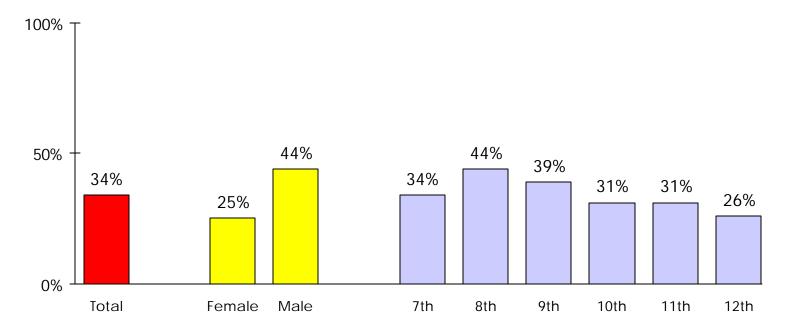
Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.



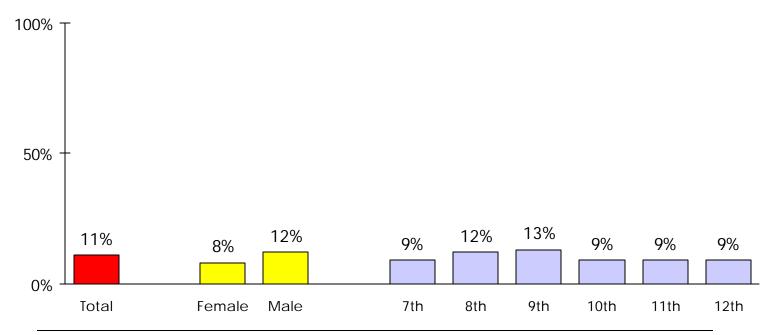
Violence – Physical Fighting

These questions measure the frequency and severity of physical fights.

Percentage of students who were in a physical fight one or more times during the past 12 months.



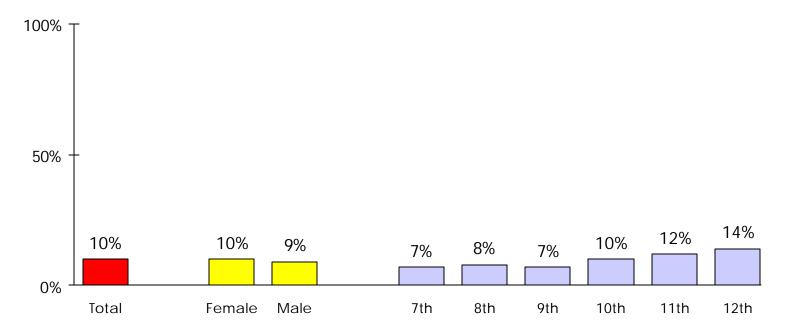
Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.



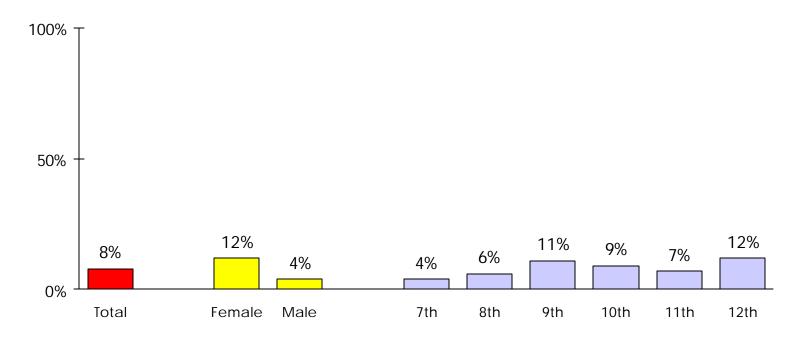
■ Violence - Sexual Violence

These questions measure rape and domestic violence.

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



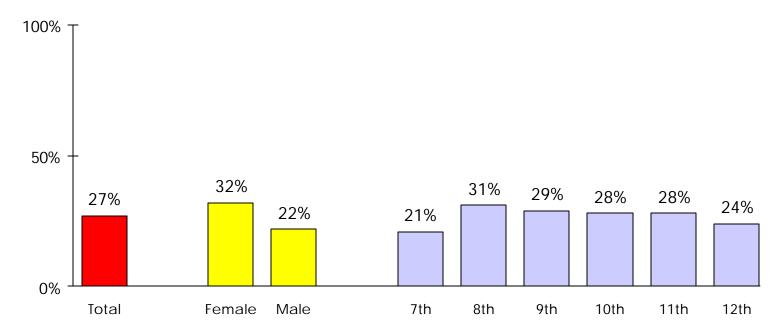
Percentage of students who have ever been forced to have sexual intercourse when they did not want to.



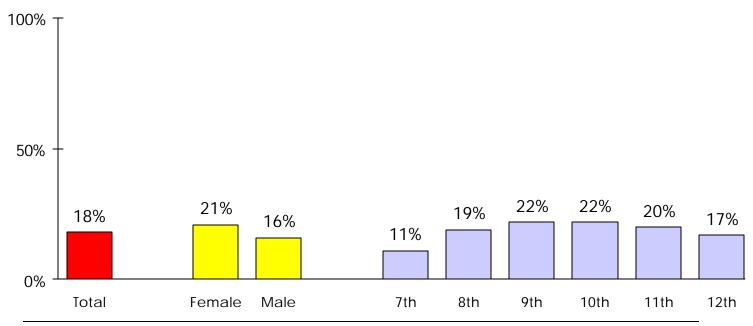
Depression and Suicide

These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.

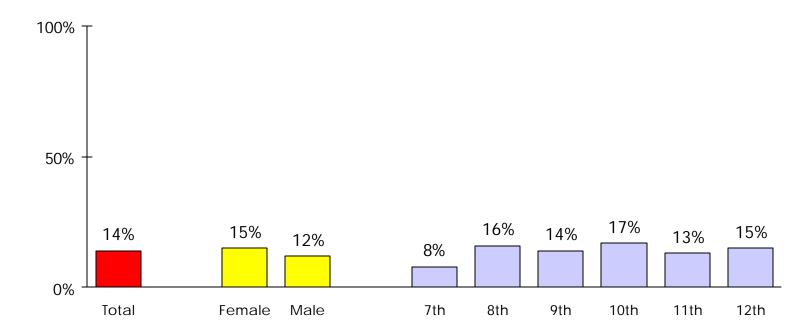
Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.



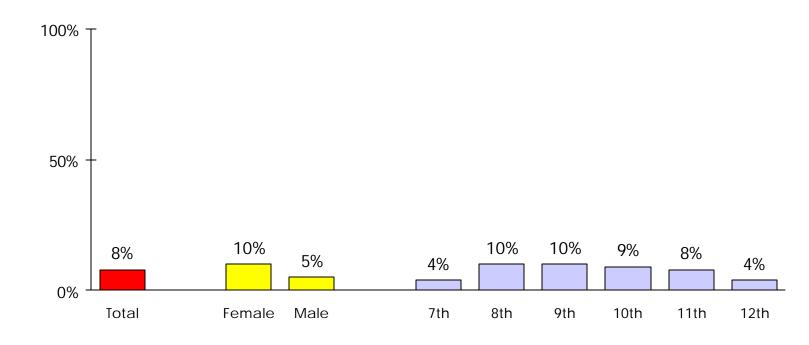
Percentage of students who seriously considered attempting suicide during the past 12 months.



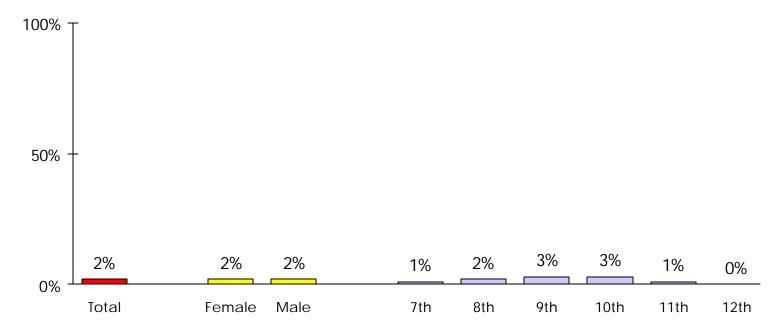
Percentage of students who made a plan about how they would attempt suicide during the past 12 months.



Percentage of students who actually attempted suicide one or more times during the past 12 months.



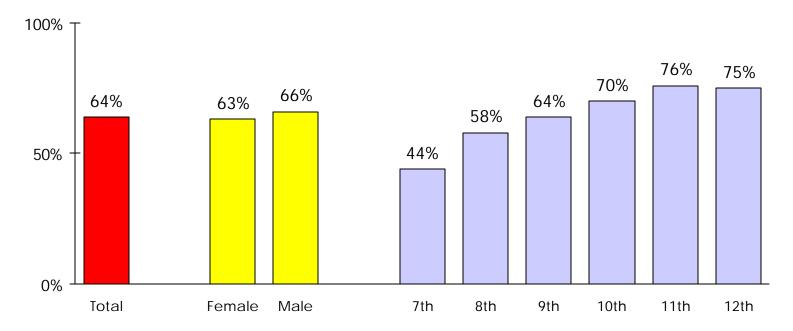
Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.



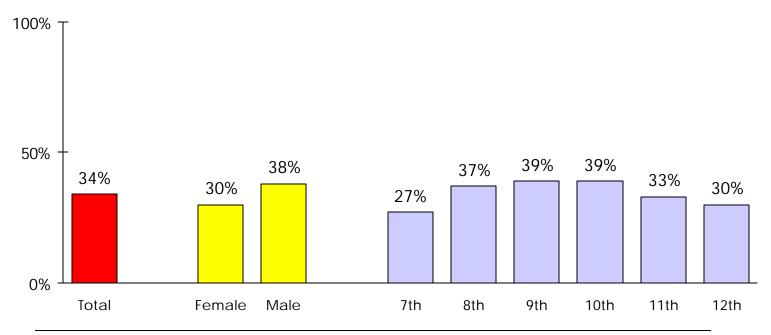
■ Tobacco Use – Cigarette Smoking

These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.

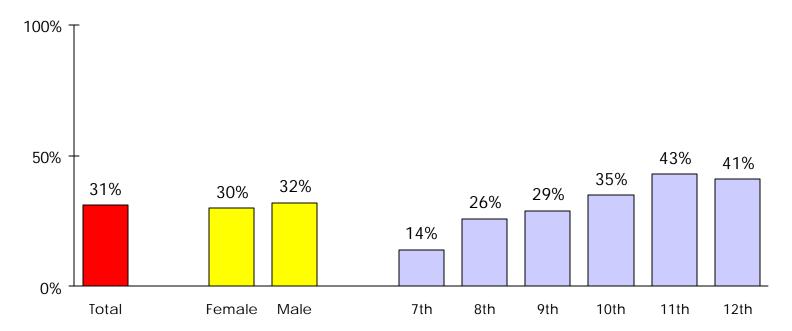
Percentage of students who ever tried cigarette smoking, even one or two puffs.



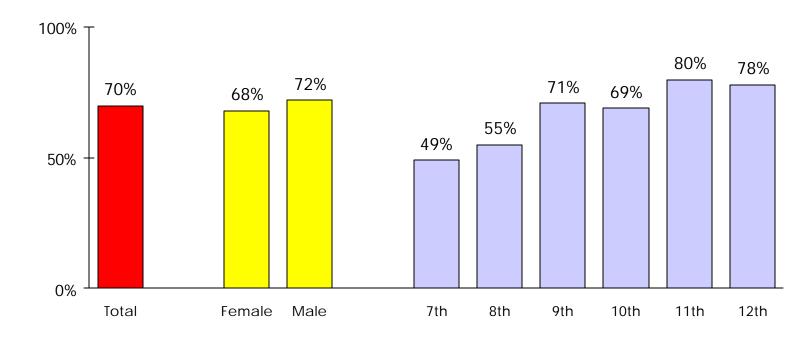
Percentage of students who smoked a whole cigarette for the first time before age 13.



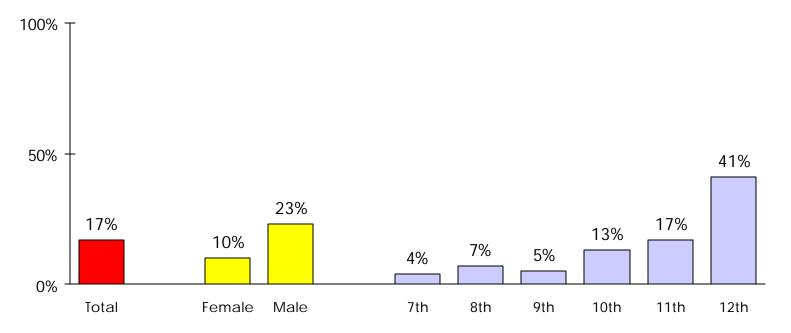
Percentage of students who smoked cigarettes on one or more of the past 30 days.



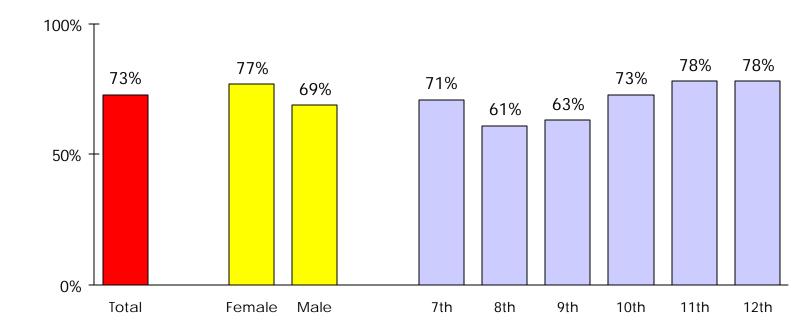
Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.



Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



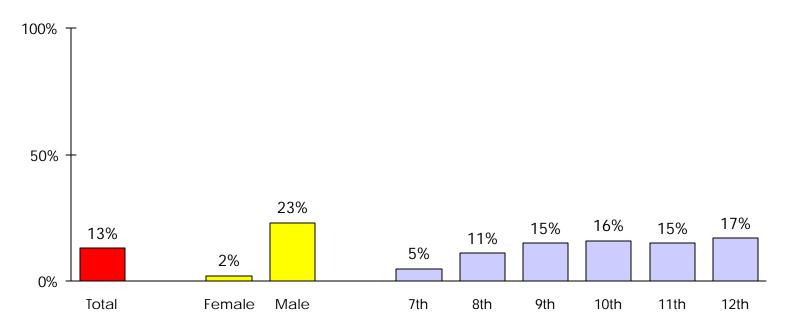
Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.



■ Tobacco Use - Smokeless Tobacco

This question measures smokeless tobacco use.

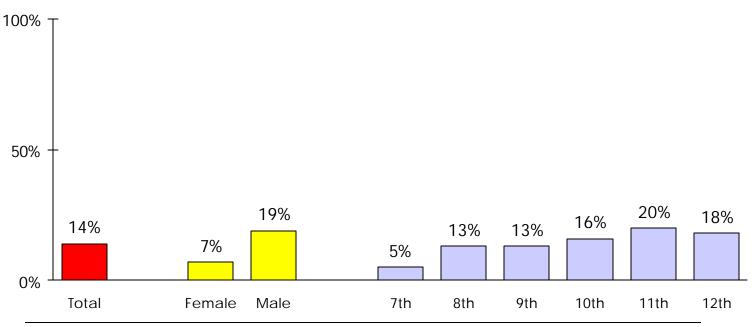
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



■ Tobacco Use - Cigar

This question measures cigar smoking.

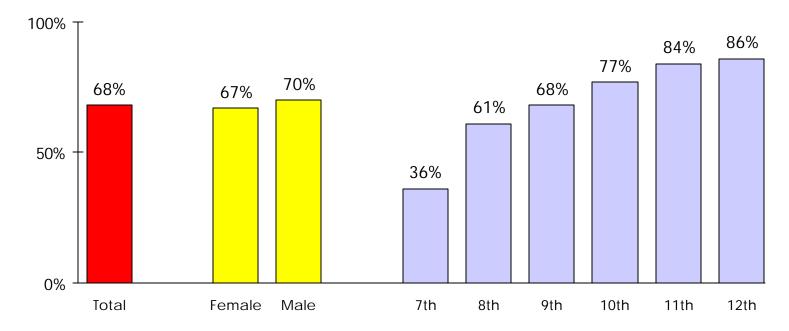
Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.



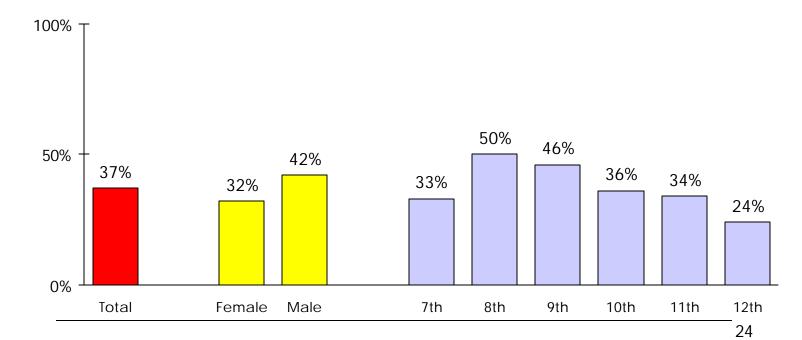
Alcohol Use

These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.

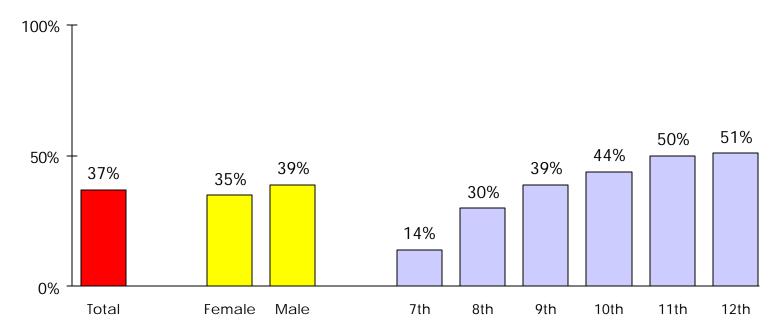
Percentage of students who had at least one drink of alcohol on one or more days during their life.



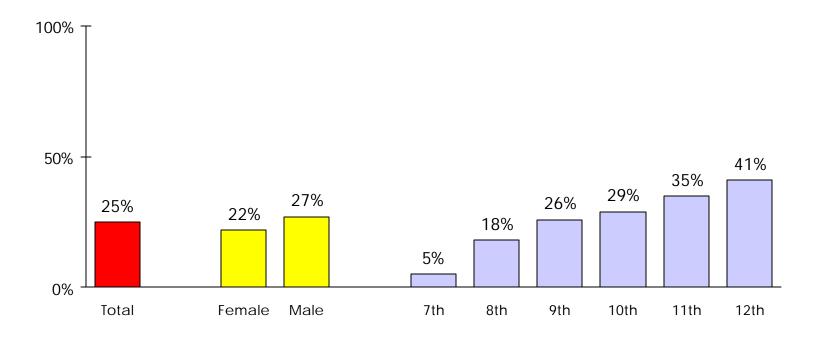
Percentage of students who had their first drink of alcohol other than a few sips before age 13.



Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



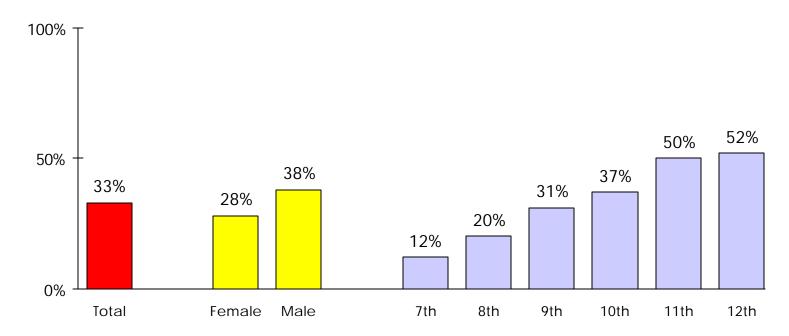
Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.



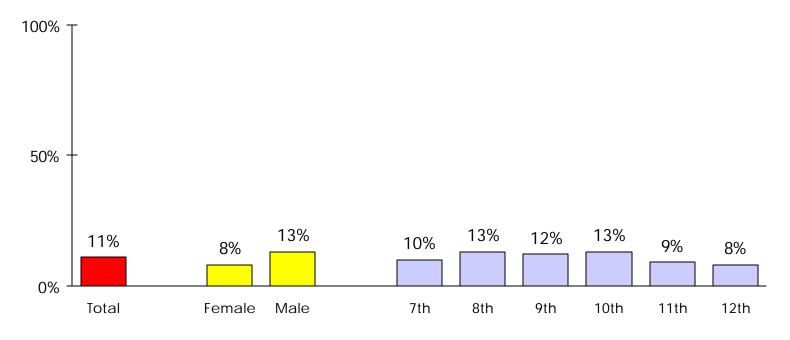
Drug Use

These questions measure the frequency of illegal drug use.

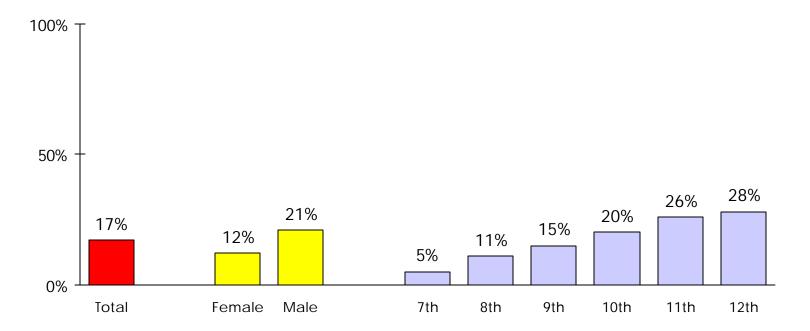
Percentage of students who used marijuana one or more times during their life.



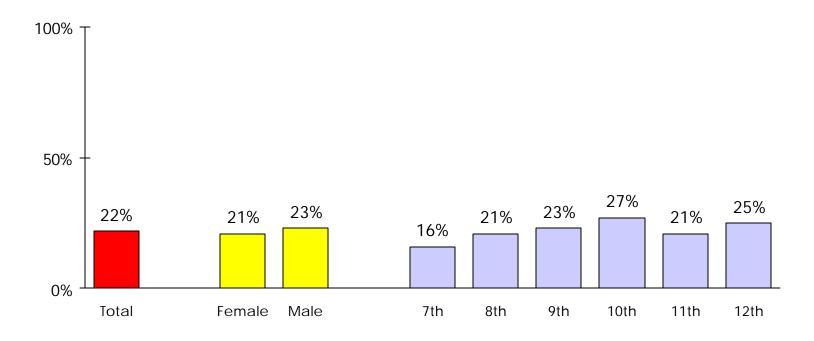
Percentage of students who tried marijuana for the first time before age 13.



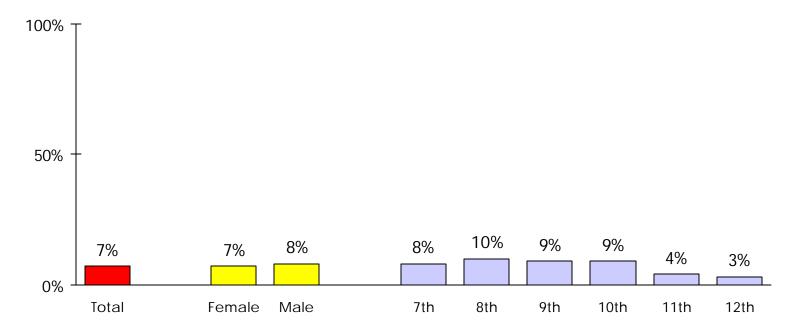
Percentage of students who used marijuana one or more times during the past 30 days.



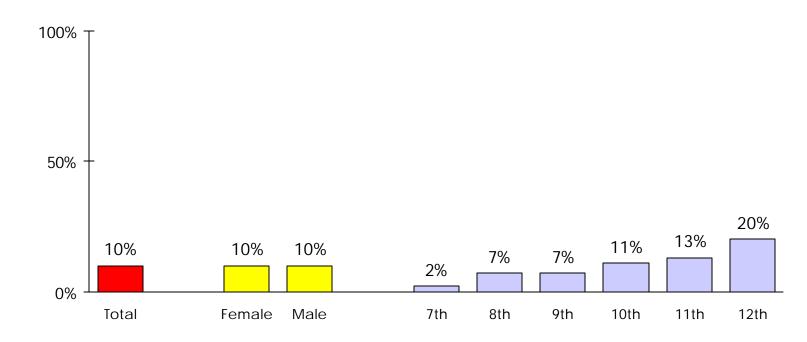
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.



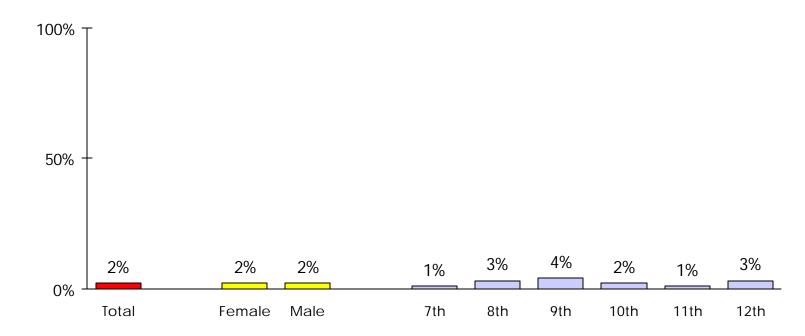
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.



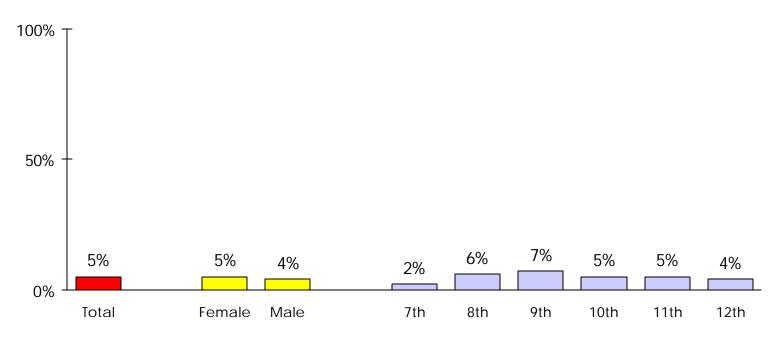
Percentage of students who used methamphetamines one or more times during their life.



Percentage of students who used heroin one or more times during their life.



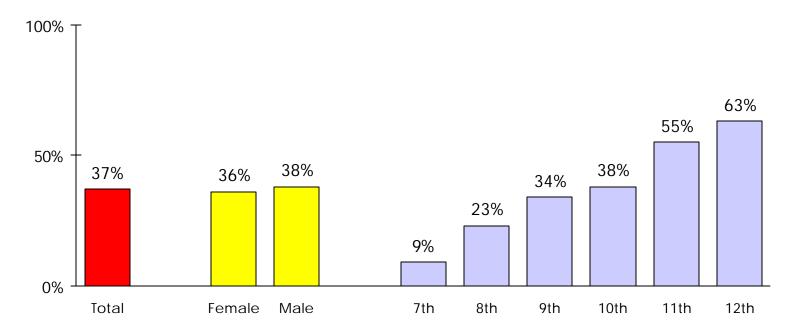
Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.



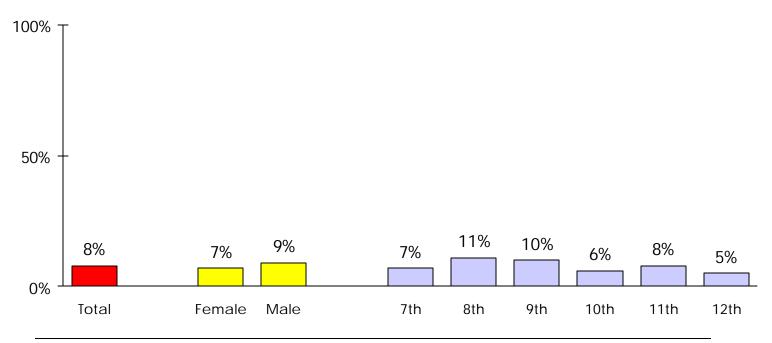
Sexual Activity

These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.

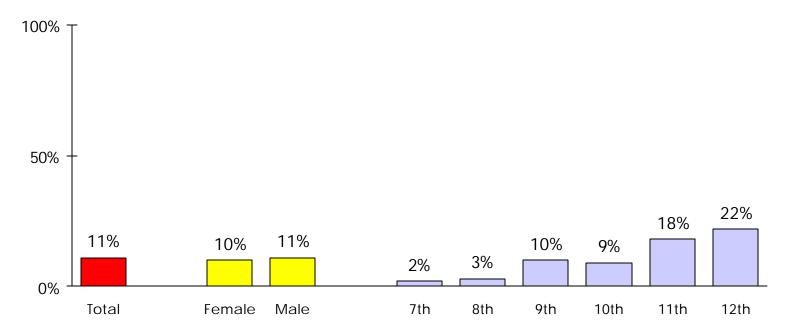
Percentage of students who have had sexual intercourse.



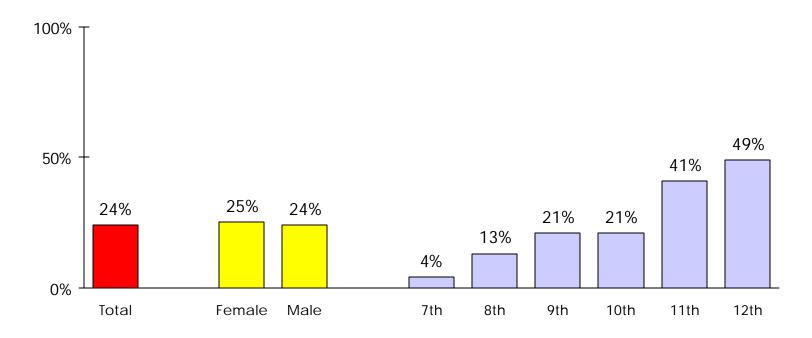
Percentage of students who had sexual intercourse for the first time before age 13.



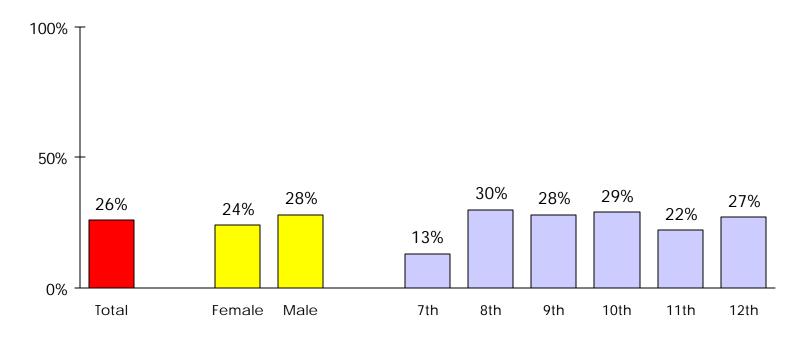
Percentage of students who had sexual intercourse with four or more people during their life.



Percentage of students who had sexual intercourse during the past three months.



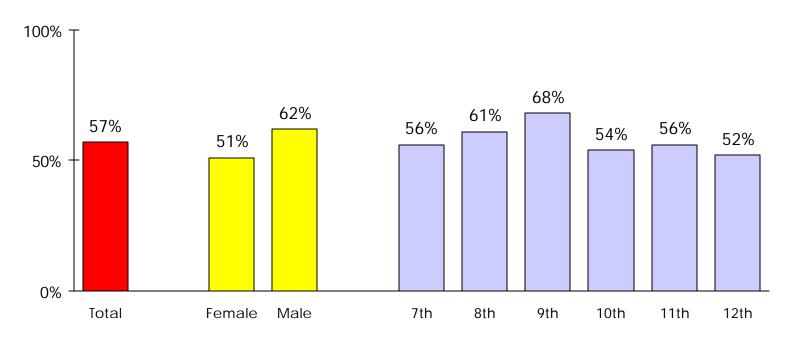
Of those who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse.



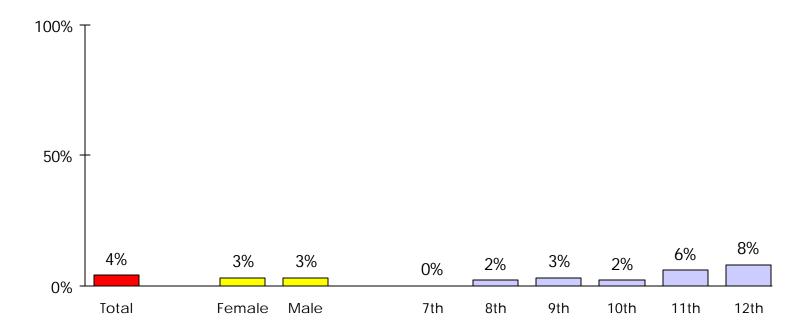
Contraception

These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



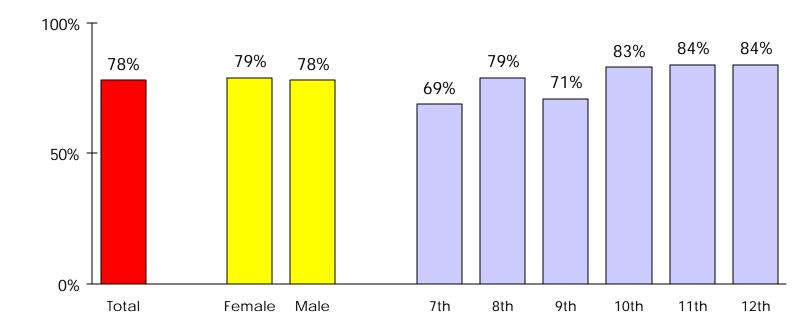
Percentage of students who had been or gotten someone pregnant one or more times.



AIDS, HIV, & STDs

This question measures whether students have received HIV information at school.

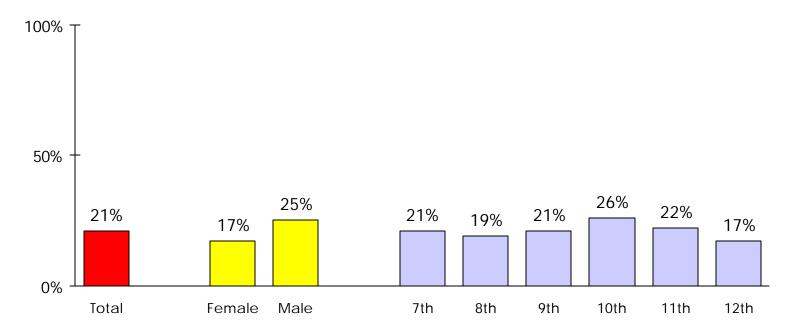
Percentage of students who were ever taught about AIDS or HIV infection in school.



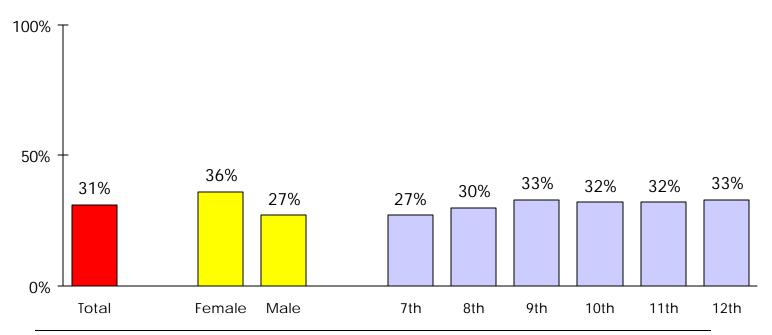
Obesity

These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.

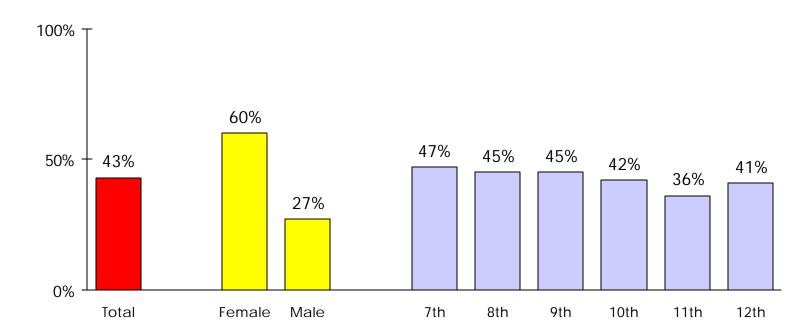
Percentage of students who are overweight, as calculated by Body Mass Index.



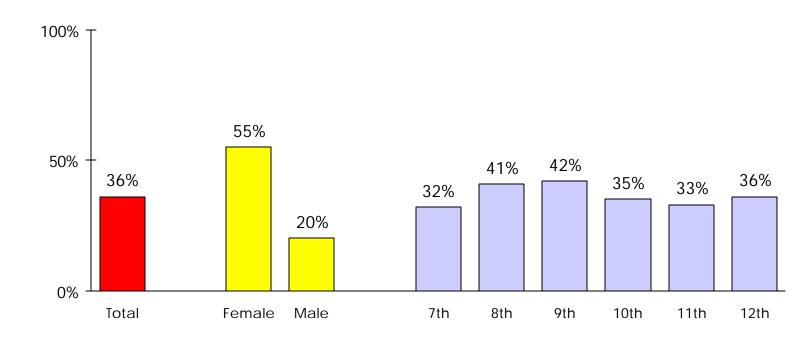
Percentage of students who describe themselves as slightly or very overweight.



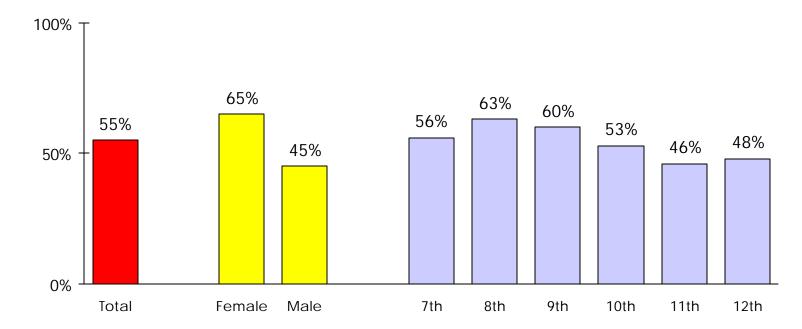
Percentage of students who were trying to lose weight.



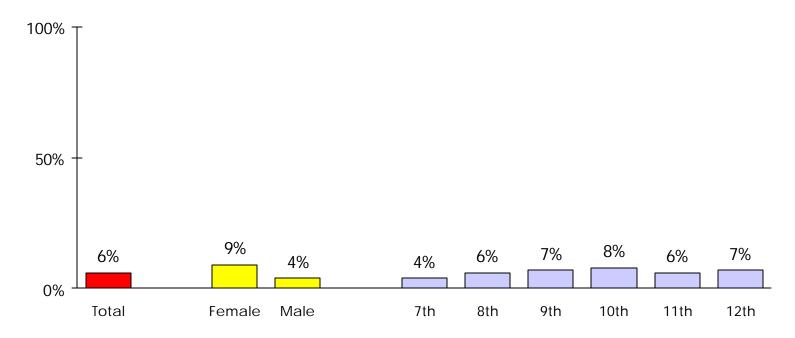
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.



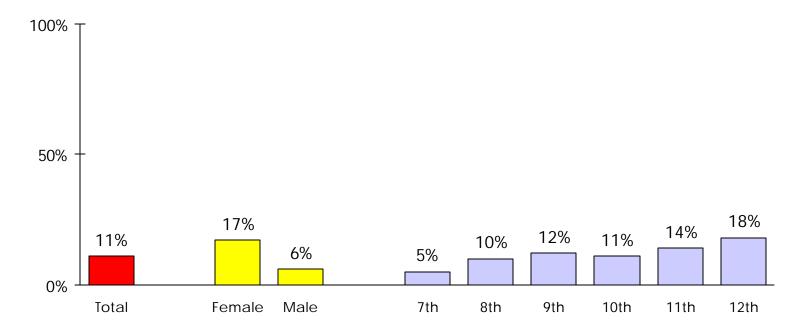
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.



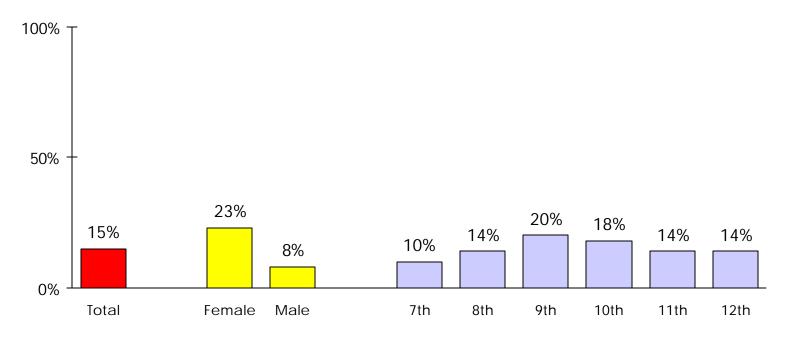
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



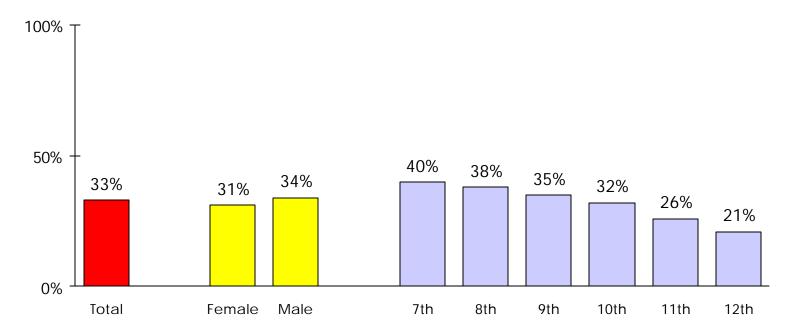
Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.



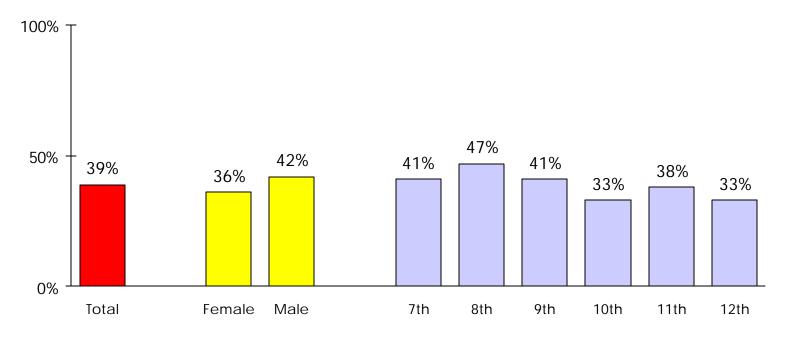
Nutrition

These questions measure food choices.

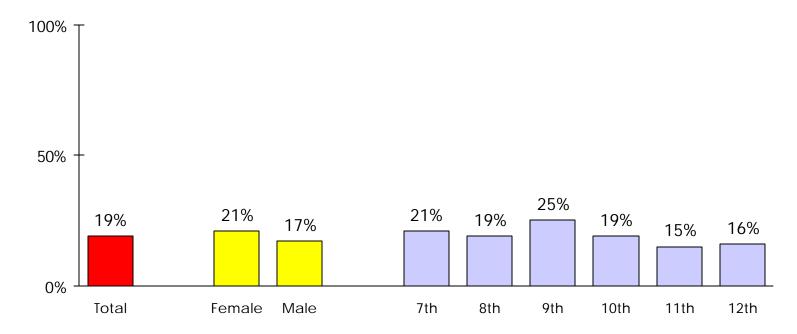
Percentage of students who ate fruit four or more times during the past 7 days.



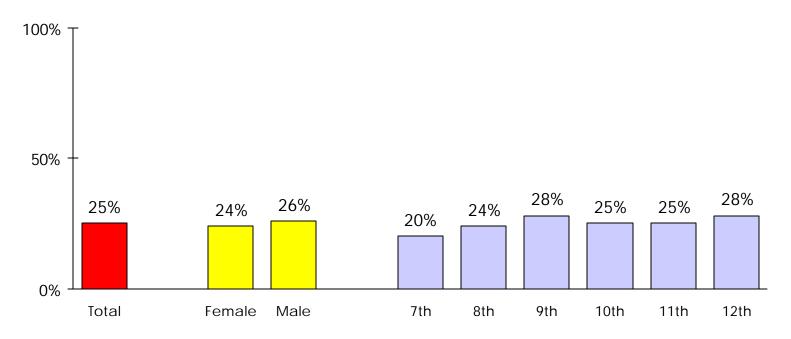
Percentage of students who drank fruit juices four or more times during the past 7 days.



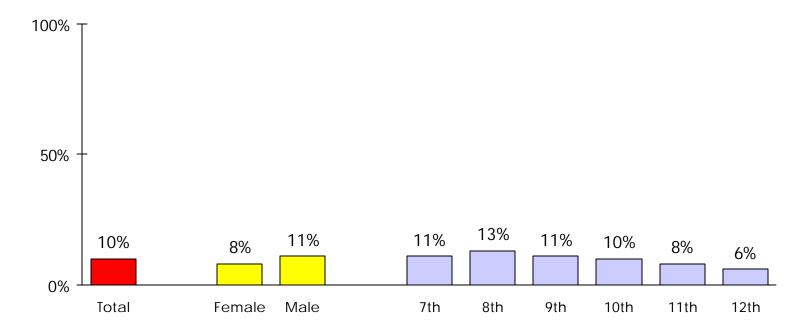
Percentage of students who ate green salad four or more times during the past 30 days.



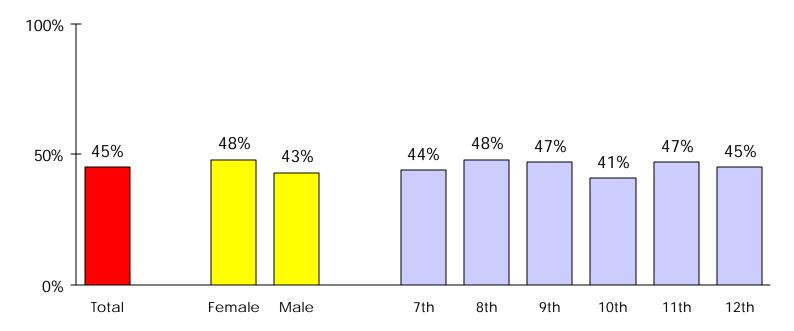
Percentage of students who ate potatoes four or more times during the past 30 days.



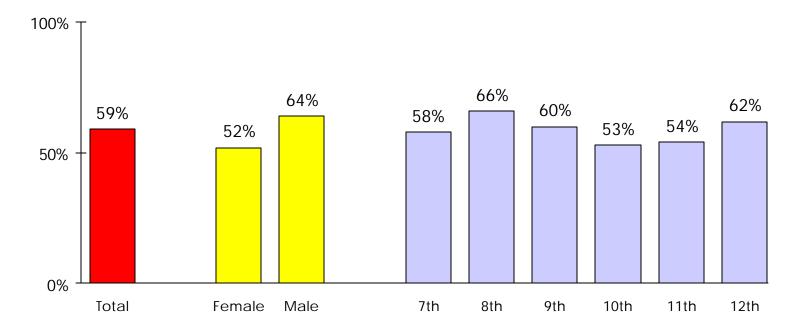
Percentage of students who ate carrots four or more times during the past 7 days.



Percentage of students who ate other vegetables four or more times during the past 7 days.



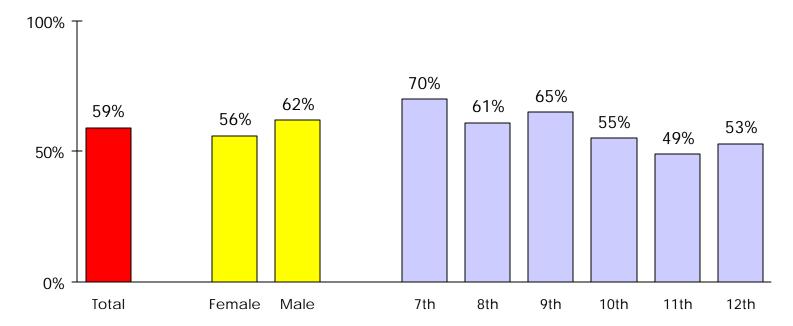
Percentage of students who drank milk four or more times during the past 7 days.



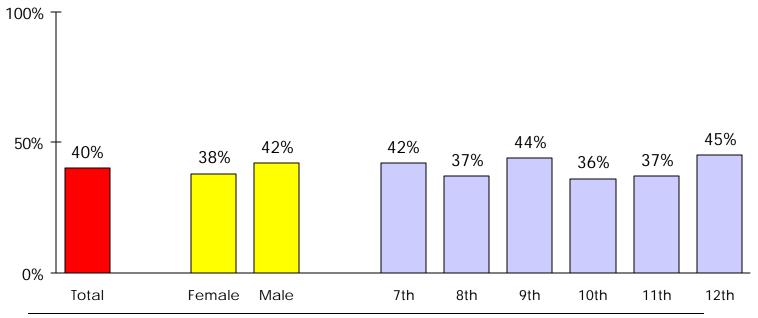
Physical Activity

These questions measure students' physical activity, including team sports, physical education class, and sports injuries.

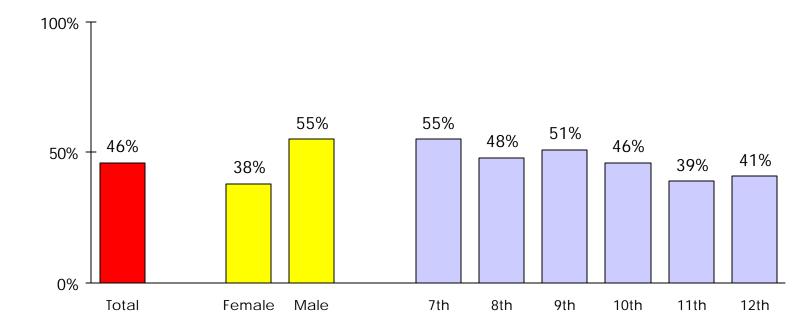
Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.



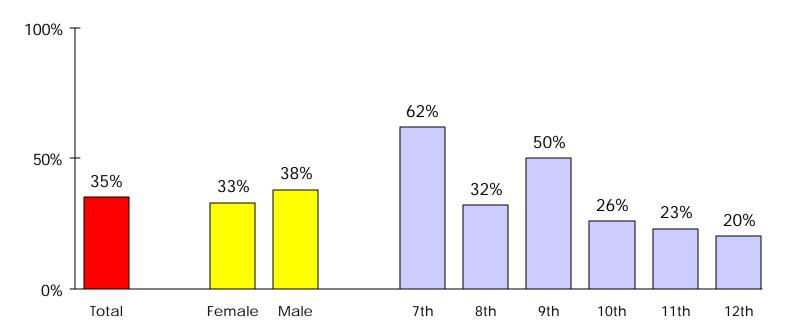
Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.



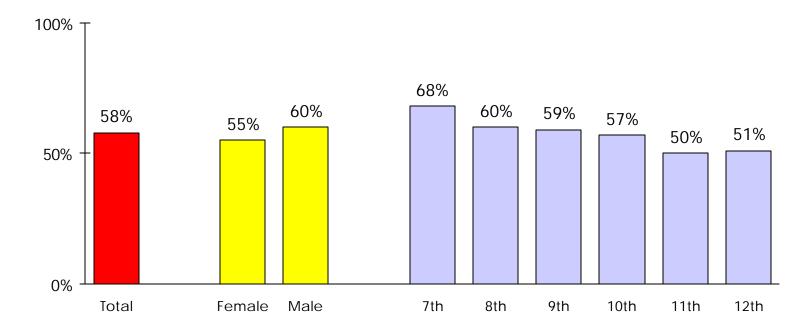
Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.



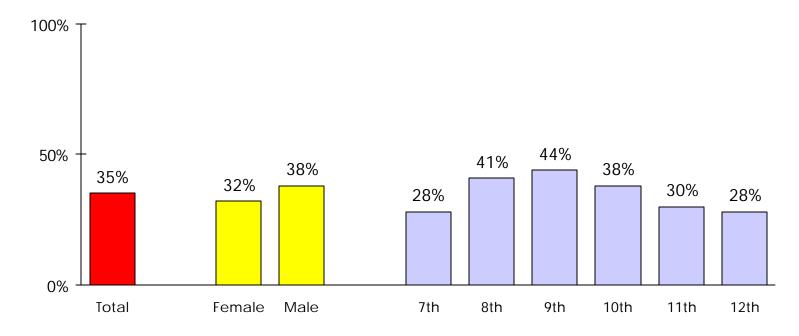
Percentage of students who attended physical education (PE) class one or more days during an average school week.



Percentage of students who played on one or more sports teams during the past 12 months.



Percentage of students who were injured while exercising, playing sports, or being physically active and had to be treated by a doctor or nurse during the past 12 months.

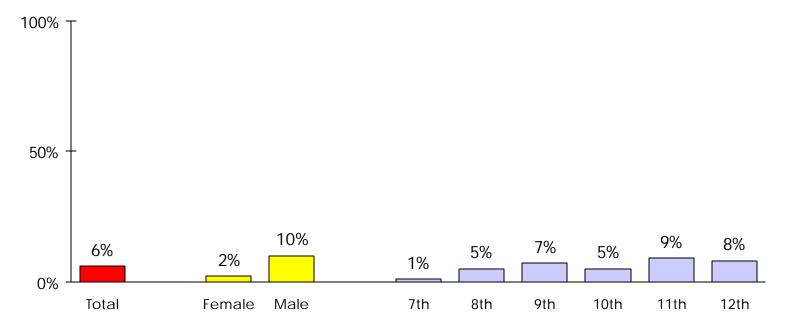


Violence-Related Behaviors at School

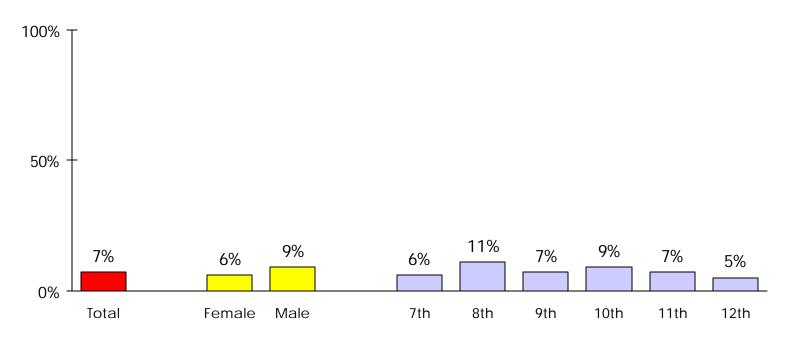
These questions measure violence related behaviors at school.

Percentage of students who carried a weapon* on school property on one or more of the past 30 days.

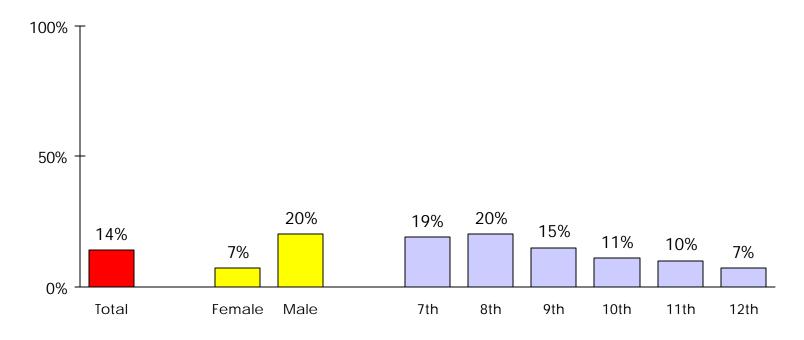
*such as a gun, knife, or club.



Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



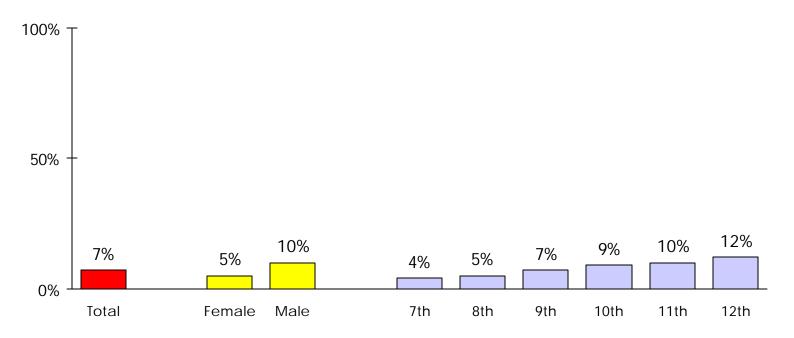
Percentage of students who were in a physical fight on school property one or more times during the past 12 months.



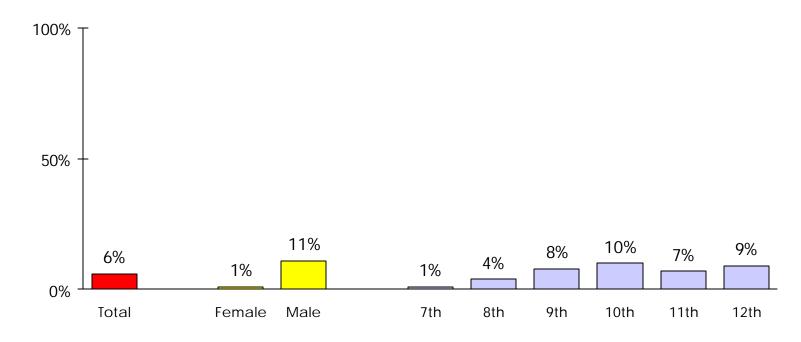
■ Tobacco Use at School

These questions measure tobacco use on school property.

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



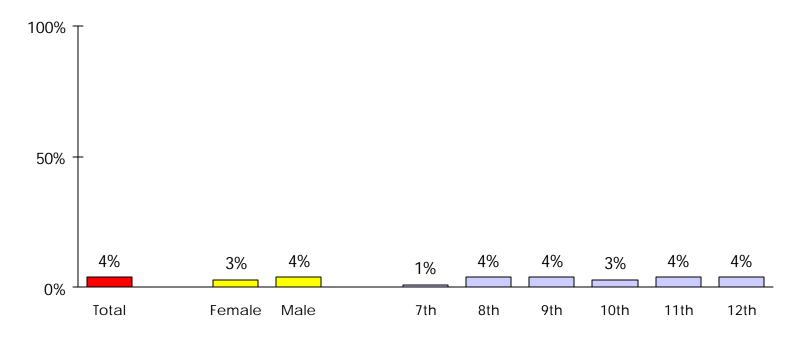
Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days.



Alcohol Use at School

This question measures alcohol use on school property.

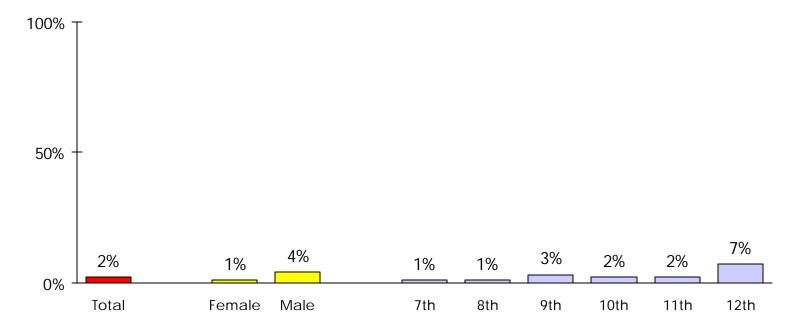
Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.



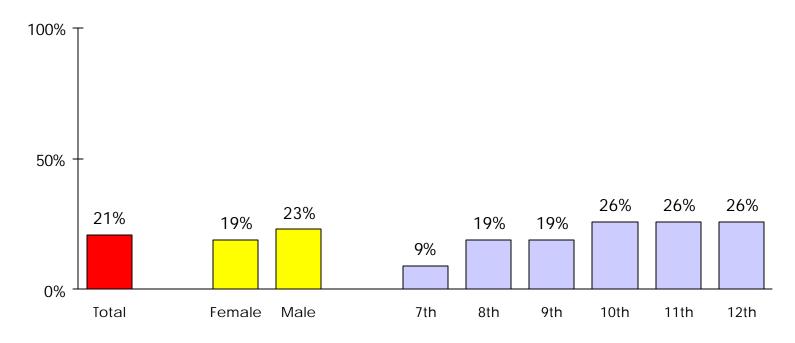
Drug Use at School

These questions measure drug use and availability on school property.

Percentage of students who used marijuana on school property on one or more of the past 30 days.



Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



2000 Independence County Youth Risk Behavior Survey Questionnaire

1. How old are you?

AGE	Frequency	Percent
ffffffffffffff	Heefffffffffffffffffffffffffffffffffff	ffffffff
12 OR YOUNGER	206	10. 10
13	366	17. 94
14	305	14. 95
15	376	18. 43
16	369	18. 09
17	306	15. 00
18 OR OLDER	112	5. 49

Frequency Missing = 8

2. What is your sex?

SEX	Frequency	Percent
fffffff.	ffffffffffffff	fffffffff
FEMALE	970	47. 62
MALE	1067	52. 38

Frequency Missing = 11

3. In what grade are you?

GRADE	Frequency	Percent
fffffffffffffff.	ffffffffffffffff	`fffffffff
7TH	376	18. 57
8TH	359	17. 73
9TH	294	14. 52
10TH	354	17. 48
11TH	353	17. 43
12TH	289	14. 27

7. When you rode a motorcycle during the past 12 months, how often did you wear a helmet?

RI DEMTBK	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	fffffffffffff.	fffffffff
DID NOT RIDE	1385	67. 83
NEVER WORE	279	13. 66
RARELY WORE	60	2. 94
SOMETIMES WORE	45	2. 20
WORE MOST OF THE TIME	69	3. 38
ALWAYS WORE	204	9. 99

Frequency Missing = 6

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?

RI DEBI KE	Frequency	Percent
fffffffffffffffffffffffffffff	fffffffffffffff	ffffffff
DID NOT RIDE	724	35. 42
NEVER WORE	1139	55. 72
RARELY WORE	43	2. 10
SOMETIMES WORE	45	2. 20
WORE MOST OF THE TIME	45	2. 20
ALWAYS WORE	48	2. 35

Frequency Missing = 4

9. How often do you wear a seat belt when riding in a car driven by someone else?

SEATBELT	Frequency	Percent
fffffffffffffffff.	fffffffffffff	ffffffff
NEVER	140	6. 92
RARELY	278	13. 74
SOMETI MES	385	19.03
MOST OF THE TIME	584	28. 87
ALWAYS	636	31.44

10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

RI DEDRNK	Frequency	Percent
ffffffffff	rfffffffffffffff	fffffffff
0 TIMES	1446	70. 67
1 TIME	199	9. 73
2-3 TIMES	228	11. 14
4-5 TIMES	67	3. 27
6+ TIMES	106	5. 18

Frequency Missing = 2

11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

DRVEDRNK	Frequency	Percent
fffffffff	rffffffffffffff	fffffffff
O TIMES	1787	88. 33
1 TIME	116	5. 73
2-3 TIMES	67	3. 31
4-5 TIMES	23	1. 14
6+ TIMES	30	1.48

Frequency Missing = 25

12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

CARRYWPN	Frequency	Percent
fffffffffff	HTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT	fffffffff
O TIMES	1471	74. 86
1 TIME	73	3. 72
2-3 TIMES	126	6. 41
4-5 TIMES	44	2. 24
6+ TIMES	251	12. 77

13. During the past 30 days, on how many days did you carry a gun?

CARRYGUN	Frequency	Percent
ffffffffff	TTTTTTTTTTTTTT	fffffffff
O TIMES	1714	86. 09
1 TIME	59	2. 96
2-3 TIMES	82	4. 12
4-5 TIMES	31	1. 56
6+ TIMES	105	5. 27

Frequency Missing = 57

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

WPNSCH00	Frequency	Percent
ffffffffff	fffffffffffff	fffffffff
O TIMES	1906	94. 17
1 TIME	33	1. 63
2-3 TIMES	29	1. 43
4-5 TIMES	7	0. 35
6+ TIMES	49	2. 42

Frequency Missing = 24

15. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

FLTUNSAF	Frequency	Percent
ffffffffff	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT	fffffffff
O TIMES	1949	95. 54
1 TIME	49	2.40
2-3 TIMES	26	1. 27
4-5 TIMES	7	0. 34
6+ TIMES	9	0.44

16. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

THRTI NJD	Frequency	Percent
ffffffffffff	ffffffffffffff	fffffffff
O TIMES	1896	92. 58
1 TIME	69	3. 37
2-3 TIMES	48	2.34
4-5 TIMES	7	0. 34
6-7 TIMES	8	0. 39
8-9 TIMES	4	0. 20
10-11 TIMES	2	0. 10
12+ TIMES	14	0. 68

17. During the past 12 months, how many times were you in a physical fight?

FI GHT	Frequency	Percent
ffffffffffff	ffffffffffffff	fffffffff
O TIMES	1325	65. 66
1 TIME	311	15. 41
2-3 TIMES	212	10. 51
4-5 TIMES	66	3. 27
6-7 TIMES	26	1. 29
8-9 TIMES	20	0. 99
10-11 TIMES	11	0. 55
12+ TIMES	47	2. 33

Frequency Missing = 30

18. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?

FI GHTMED	Frequency	Percent
fffffffff	fffffffffffff	fffffffff
O TIMES	1937	96. 32
1 TIME	61	3.03
2-3 TIMES	9	0. 45
4-5 TIMES	3	0. 15
6+ TIMES	1	0. 05

19. During the past 12 months, how many times were you in a physical fight on school property?

FGHTSCH0	Frequency	Percent
fffffffffffff	ffffffffffff	ffffffff
0 TIMES	1757	85. 83
1 TIME	174	8. 50
2-3 TIMES	86	4. 20
4-5 TIMES	10	0.49
6-7 TIMES	6	0. 29
8-9 TIMES	3	0. 15
10-11 TIMES	1	0.05
12+ TIMES	10	0.49

Frequency Missing = 1

20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

LOVEHI T	Frequency	Percent
ffffffff	ffffffffffffff	fffffffff
YES	195	9. 54
NO	1848	90. 46

Frequency Missing = 5

21. Have you ever been forced to have sexual intercourse when you did not want to?

FORCESEX	Frequency	Percent
fffffffff	ffffffffffffff	fffffffff
YES	162	7. 95
NO	1876	92. 05

Frequency Missing = 10

22. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

SADBLUE2	Frequency	Percent
fffffffff	fffffffffffff	fffffffff
YES	548	26. 78
NO	1498	73. 22

23. During the past 12 months, did you ever seriously consider attempting suicide?

THNKSUI C	Frequency	Percent
fffffffff	ffffffffffff	fffffffff
YES	356	18. 24
NO	1596	81. 76

Frequency Missing = 96

24. During the past 12 months, did you make a plan about how you would attempt suicide?

PLANSUI C	Frequency	Percent
fffffffff.	fffffffffffff	fffffffff
YES	283	13. 85
NO	1761	86. 15

Frequency Missing = 4

25. During the past 12 months, how many times did you actually attempt suicide?

ATMPSUI C	Frequency	Percent
ffffffffff	fffffffffffff	fffffffff
O TIMES	1623	92. 48
1 TIME	69	3. 93
2-3 TIMES	43	2.45
4-5 TIMES	10	0. 57
6+ TIMES	10	0. 57

Frequency Missing = 293

26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

DRSUI C	Frequency	Percent
ffffffff	fffffffffffff	fffffffff
N/A	1614	91. 60
YES	32	1. 82
NO	116	6. 58

27. Have you ever tried cigarette smoking, even one or two puffs?

TRYSMOK	Frequency	Percent
ffffffff	fffffffffffff	fffffffff
YES	1244	64. 36
NO	689	35. 64

Frequency Missing = 115

28. How old were you when you smoked a whole cigarette for the first time?

AGESMOK	Frequency	Percent
fffffffffffff	`fffffffffffff	fffffffff
NEVER TRIED	889	46. 64
8 OR YOUNGER	163	8. 55
AGE 9-10	185	9. 71
AGE 11-12	302	15.84
AGE 13-14	264	13.85
AGE 15-16	86	4. 51
17 OR OLDER	17	0. 89

Frequency Missing = 142

29. During the past 30 days, on how many days did you smoke cigarettes?

SMOK30	Frequency	Percent
ffffffffff.	ffffffffffffff	fffffffffff
O DAYS	1359	69. 05
1-2 DAYS	132	6. 71
3-5 DAYS	60	3. 05
6-9 DAYS	53	2. 69
10-19 DAYS	62	3. 15
20-29 DAYS	78	3. 96
ALL 30 DAYS	224	11. 38

30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

SMOKDAY	Frequency	Percent
ffffffffffff		ffffffff
NONE IPM	1352	69. 05
LT 1 PER DAY	86	4. 39
1/DAY	95	4. 85
2-5/DAY	217	11. 08
6-10/DAY	117	5. 98
11-20/DAY	69	3. 52
21+ /DAY	22	1. 12

Frequency Missing = 90

31. During the past 30 days, how did you usually get your own cigarettes?

GETCI G	Frequency	Percent
######################################	ffffffffffffff	ffffffff
NONE IPM	1359	69. 23
STORE BOUGHT	101	5. 15
MACHINE BOUGHT	7	0. 36
SOMEONE ELSE BOUGHT	219	11. 16
BORROWED THEM	180	9. 17
STOLE THEM	25	1. 27
OTHER	72	3. 67

Frequency Missing = 85

32. When you bought cigarettes in a store during the past 30 days, were you ever asked to show proof of age?

I DCI G	Frequency	Percent
fffffff	ffffffffffffff	fffffffff
N/A	1758	86. 60
YES	125	6. 16
NO	147	7. 24

33. During the past 30 days, on how many days did you smoke cigarettes on school property?

SMOKSCHO	Frequency	Percent
ffffffffffff	Tffffffffffffff	ffffffff
O DAYS	1864	92. 51
1-2 DAYS	73	3. 62
3-5 DAYS	30	1.49
6-9 DAYS	16	0. 79
10-19 DAYS	12	0.60
20-29 DAYS	5	0. 25
ALL 30 DAYS	15	0.74

Frequency Missing = 33

34. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?

SMOKREG	Frequency	Percent
ffffffff	ffffffffffff	ffffffffff
YES	485	24. 26
NO	1514	75. 74

Frequency Missing = 49

35. Have you ever tried to quit smoking cigarettes?

QUI TSMOK	Frequency	Percent
fffffffff	ffffffffffffff	fffffffff
YES	576	30. 90
NO	1288	69. 10

Frequency Missing = 184

36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

СНЕЖТОВА	Frequency	Percent
ffffffffffff	Tffffffffffff	ffffffff
O DAYS	1757	86. 94
1-2 DAYS	86	4. 26
3-5 DAYS	36	1. 78
6-9 DAYS	24	1. 19
10-19 DAYS	24	1. 19
20-29 DAYS	24	1. 19
ALL 30 DAYS	70	3.46

37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?

CHEWSCHO	Frequency	Percent
fffffffffff	fffffffffffffff	fffffffff
O DAYS	1904	93. 65
1-2 DAYS	34	1. 67
3-5 DAYS	22	1. 08
6-9 DAYS	14	0. 69
10-19 DAYS	20	0. 98
20-29 DAYS	13	0. 64
ALL 30 DAYS	26	1. 28

Frequency Missing = 15

38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

CI GAR	Frequency	Percent
ffffffffff.	fffffffffffff.	ffffffffff
O DAYS	1765	86. 35
1-2 DAYS	157	7. 68
3-5 DAYS	62	3. 03
6-9 DAYS	24	1. 17
10-19 DAYS	21	1. 03
20-29 DAYS	7	0. 34
ALL 30 DAYS	8	0. 39

Frequency Missing = 4

39. During your life, on how many days have you had at least one drink of alcohol?

DRANK	Frequency	Percent
ffffffffff	ffffffffffff.	fffffffff
O DAYS	569	31.65
1-2 DAYS	202	11. 23
3-9 DAYS	276	15. 35
10-19 DAYS	182	10. 12
20-39 DAYS	160	8. 90
40-99 DAYS	161	8. 95
100+ DAYS	248	13. 79

40. How old were you when you had your first drink of alcohol other than a few sips?

DRI NKAGE	Frequency	Percent
ffffffffffffff	`ffffffffffffff	fffffffff
NEVER TRIED	565	31. 25
8 OR YOUNGER	226	12. 50
AGE 9-10	167	9. 24
AGE 11-12	280	15. 49
AGE 13-14	384	21. 24
AGE 15-16	161	8. 90
17 OR OLDER	25	1. 38

Frequency Missing = 240

41. During the past 30 days, on how many days did you have at least one drink of alcohol?

DRI NK30	Frequency	Percent
ffffffffffff	fffffffffffff	fffffffff
O DAYS	1230	62.85
1-2 DAYS	334	17. 07
3-5 DAYS	150	7. 66
6-9 DAYS	132	6. 75
10-19 DAYS	79	4. 04
20-29 DAYS	19	0. 97
ALL 30 DAYS	13	0. 66

Frequency Missing = 91

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

DRI NK5	Frequency	Percent
ffffffffff.	ֈֈֈֈֈֈֈֈֈֈֈֈֈֈֈ	fffffffff
O DAYS	1507	75. 09
1 DAY	170	8. 47
2 DAYS	112	5. 58
3-5 DAYS	102	5. 08
6-9 DAYS	69	3.44
10-19 DAYS	37	1.84
20+ DAYS	10	0. 50

43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

DRNKSCHO	Frequency	Percent
ffffffffffff	energi en	fffffffff
O DAYS	1961	96. 46
1-2 DAYS	54	2. 66
3-5 DAYS	6	0. 30
6-9 DAYS	9	0.44
10-19 DAYS	2	0. 10
ALL 30 DAYS	1	0. 05

Frequency Missing = 15

44. During you life, how many times have you used marijuana?

POTUSE	Frequency	Percent
ffffffffffff.	ffffffffffffff	fffffffff
O TIMES	1349	66. 98
1-2 TIMES	158	7.85
3-9 TIMES	125	6. 21
10-19 TIMES	77	3.82
20-39 TIMES	78	3.87
40-99 TIMES	73	3. 62
100+ TIMES	154	7. 65

Frequency Missing = 34

45. How old were you when you tried marijuana for the first time?

AGEPOT	Frequency	Percent
fffffffffffff		
NEVER TRIED	1341	66. 78
8 OR YOUNGER	24	1. 20
AGE 9-10	53	2.64
AGE 11-12	142	7. 07
AGE 13-14	260	12. 95
AGE 15-16	177	8. 81
17 OR OLDER	11	0. 55

46. During the past 30 days, how many times did you use marijuana?

P0T30	Frequency	Percent
ffffffffffff	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT	fffffffff
0 TIMES	1676	82. 93
1-2 TIMES	109	5. 39
3-9 TIMES	100	4. 95
10-19 TIMES	53	2. 62
20-39 TIMES	31	1. 53
40+ TIMES	52	2. 57

Frequency Missing = 27

47. During the past 30 days, how many times did you use marijuana on school property?

POTSCH0	Frequency	Percent
fffffffffff	ffffffffffffff	ffffffffff
0 TIMES	1979	97. 58
1-2 TIMES	31	1. 53
3-9 TIMES	9	0.44
10-19 TIMES	4	0. 20
20-39 TIMES	2	0. 10
40+ TIMES	3	0. 15

Frequency Missing = 20

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

USECOKE	Frequency	Percent
ffffffffffff		fffffffff
O TIMES	1867	93. 02
1-2 TIMES	73	3.64
3-9 TIMES	34	1. 69
10-19 TIMES	10	0.50
20-39 TIMES	5	0. 25
40+ TIMES	18	0. 90

49. During the past 39 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

COKE30	Frequency	Percent
ffffffffffff.	fffffffffffff	fffffffff
0 TIMES	1973	97. 29
1-2 TIMES	34	1. 68
3-9 TIMES	12	0. 59
10-19 TIMES	7	0. 35
20-39 TIMES	1	0. 05
40+ TIMES	1	0. 05

Frequency Missing = 20

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

SNI FGLUE	Frequency	Percent
ffffffffffff	Tfffffffffffff	fffffffff
O TIMES	1574	77. 84
1-2 TIMES	202	9. 99
3-9 TIMES	119	5. 89
10-19 TIMES	51	2. 52
20-39 TIMES	28	1. 38
40+ TIMES	48	2. 37

Frequency Missing = 26

51. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

SNI F30	Frequency	Percent
ffffffffffffff	ffffffffffff	fffffffff
0 TIMES	1871	92.67
1-2 TIMES	86	4. 26
3-9 TIMES	38	1. 88
10-19 TIMES	16	0. 79
20-39 TIMES	4	0. 20
40+ TIMES	4	0. 20

52. During your life, how many times have you used heroin (also called smack, junk or china white)?

USEHERON	Frequency	Percent
ffffffffffff.	fffffffffffff	fffffffff
0 TIMES	1983	97. 83
1-2 TIMES	23	1. 13
3-9 TIMES	7	0. 35
10-19 TIMES	2	0. 10
20-39 TIMES	4	0. 20
40+ TIMES	8	0. 39

Frequency Missing = 21

53. During your life, how many times have you used methamphetamines(also called speed, crystal, crank or ice)?

USEMETH	Frequency	Percent
fffffffffff	ffffffffffffff	fffffffff
O TIMES	1827	90. 18
1-2 TIMES	72	3. 55
3-9 TIMES	41	2. 02
10-19 TIMES	22	1. 09
20-39 TIMES	26	1. 28
40+ TIMES	38	1. 88

Frequency Missing = 22

54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

USESTERO	Frequency	Percent
fffffffffff	fffffffffffff	fffffffff
0 TIMES	1936	95. 28
1-2 TIMES	44	2. 17
3-9 TIMES	27	1. 33
10-19 TIMES	11	0. 54
20-39 TIMES	7	0. 34
40+ TIMES	7	0. 34

55. During your life, how many times have you used a needle to inject any illegal drug into your body?

SHOOTUP	Frequency	Percent
fffffffff	fffffffffffff	fffffffff
O TIMES	1998	98. 18
1 TIME	21	1. 03
2+ TIMES	16	0. 79

Frequency Missing = 13

56. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?

SCHLDRG	Frequency	Percent
ffffffff	Tffffffffffffff	fffffffff
YES	421	20. 76
NO	1607	79. 24

Frequency Missing = 20

57. Have you ever had sexual intercourse?

INTRCRSE	Frequency	Percent
fffffffff	fffffffffffff	fffffffff
YES	673	36. 88
NO	1152	63. 12

Frequency Missing = 223

58. How old were you when you had sexual intercourse for the first time?

AGESEX	Frequency	Percent
ffffffffffffffffff	ſſſſſſſſſſſſſſſ	ffffffff
NEVER	1152	62. 81
AGE 11 OR YOUNGER	73	3. 98
AGE 12	72	3. 93
AGE 13	128	6. 98
AGE 14	155	8. 45
AGE 15	134	7. 31
AGE 16	89	4. 85
AGE 17+	31	1. 69

59. During your life, with how many people have you had sexual intercourse?

NUMPART	Frequency	Percent
ffffffffffffffffff	fffffffffffffff	fffffffff
NONE	1152	63. 02
1 PERSON	254	13. 89
2 PEOPLE	158	8. 64
3 PEOPLE	72	3.94
4 PEOPLE	48	2. 63
5 PEOPLE	28	1. 53
6 OR MORE PEOPLE	116	6. 35

Frequency Missing = 220

60. During the past 3 months, with how many people did you have sexual intercourse?

NUMPART3	Frequency	Percent
ffffffffffffffffffffffffffffff	fffffffffffff	fffffffff
NONE AT ALL	1152	63. 02
NONE IN PAST 3 MONTHS	232	12. 69
1 PERSON	331	18. 11
2 PEOPLE	60	3. 28
3 PEOPLE	21	1. 15
4 PEOPLE	12	0. 66
5 PEOPLE	5	0. 27
6 OR MORE PEOPLE	15	0. 82

Frequency Missing = 220

61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

DRNKSEX	Frequency	Percent
ffffffff	fffffffffffff	fffffffff
N/A	1152	62. 88
YES	176	9. 61
NO	504	27. 51

62. The last time you had sexual intercourse, did you or your partner use condom?

CONDOM	Frequency	Percent
ffffffff.	fffffffffffff	fffffffff
N/A	1152	63. 47
YES	375	20. 66
NO	288	15. 87

Frequency Missing = 233

63. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?

BRTHCNTL	Frequency	Percent
ffffffffffffffffffffffffffffffff	ſſſſſſſſſſſſſſſ	fffffffff
NEVER HAD SEX	1152	63. 68
NO BIRTH CONTROL USED	123	6. 80
BIRTH CONTROL PILLS	121	6. 69
CONDOMS	296	16. 36
DEPO- PROVERA	20	1. 11
WI THDRAWAL	69	3. 81
OTHER	12	0. 66
NOT SURE	16	0. 88

Frequency Missing = 239

64. How many times have you been pregnant or gotten someone pregnant?

NUMPREG	Frequency	Percent
fffffffff	fffffffffffff	fffffffff
O TIMES	1919	96. 48
1 TIME	45	2. 26
2+ TIMES	7	0. 35
NOT SURE	18	0. 90

65. How do you describe your weight?

DSWEI GHT	Frequency	Percent
ffffffffffffffffffffffffffffffffffffff	fffffffffffff	fffffffff
VERY UNDERWEIGHT	71	3. 51
SLIGHTLY UNDERWEIGHT	223	11. 03
ABOUT THE RIGHT WEIGHT	1099	54. 38
SLIGHTLY OVERWEIGHT	539	26. 67
VERY OVERWEIGHT	89	4. 40

Frequency Missing = 27

66. Which of the following are you trying to do about your weight?

WTSTATUS	Frequency	Percent
ffffffffffffffffffffffffffffff	fffffffffffffff	ffffffff
LOSE WEIGHT	863	42.68
GAIN WEIGHT	256	12.66
STAY THE SAME WEIGHT	395	19. 54
NOT TRYING TO DO ANYTHING	508	25. 12

Frequency Missing = 26

67. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?

EXERCI SE	Frequency	Percent
fffffffff	ffffffffffff	fffffffff
YES	1099	54. 57
NO	915	45. 43

Frequency Missing = 34

68. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?

EATLESS	Frequency	Percent
ffffffff	ffffffffffffff	fffffffff
YES	730	36. 39
NO	1276	63. 61

69. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

STARVE	Frequency	Percent
ffffffff	ffffffffffff	fffffffff
YES	298	14. 84
NO	1710	85. 16

Frequency Missing = 40

70. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?

DI ETPI LL	Frequency	Percent
fffffffff	fffffffffffff	fffffffff
YES	229	11. 36
NO	1787	88. 64

Frequency Missing = 32

71. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

LAXATI VE	Frequency	Percent
fffffffff	TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT	fffffffff
YES	123	6. 15
NO	1878	93. 85

Frequency Missing = 47

72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

FRUITJUC	Frequency	Percent
ffffffffffffffffff	en e	ffffffff
NONE	576	28. 67
1-3 TIMES	645	32. 11
4-6 TIMES	311	15. 48
ONCE PER DAY	168	8. 36
TWI CE PER DAY	145	7. 22
3 TIMES PER DAY	56	2. 79
4+ TIMES PER DAY	108	5. 38

73. During the past 7 days, how many times did you eat fruit?

EATFRUI T	Frequency	Percent
fffffffffffffffffff	ffffffffffff	fffffffff
NONE	487	24. 14
1-3 TIMES	873	43. 28
4-6 TIMES	295	14. 63
ONCE PER DAY	169	8. 38
TWI CE PER DAY	108	5. 35
3 TIMES PER DAY	33	1. 64
4+ TIMES PER DAY	52	2. 58

Frequency Missing = 31

74. During the past 7 days, how many times did you eat green salad?

EATSALAD	Frequency	Percent
ffffffffffffffffff.	fffffffffffff	ffffffff
NONE	864	42.96
1-3 TIMES	756	37. 59
4-6 TIMES	247	12. 28
ONCE PER DAY	81	4. 03
TWI CE PER DAY	39	1.94
3 TIMES PER DAY	8	0.40
4+ TIMES PER DAY	16	0. 80

Frequency Missing = 37

75. During the past 7 days, how many times did you eat potatoes?

EATPOTAT	Frequency	Percent
fffffffffffffffffff	Heeffffffffffff	ffffffff
NONE	523	26. 06
1-3 TIMES	979	48. 78
4-6 TIMES	350	17. 44
ONCE PER DAY	91	4. 53
TWI CE PER DAY	33	1.64
3 TIMES PER DAY	15	0.75
4+ TIMES PER DAY	16	0. 80

76. During the past 7 days, how many times did you eat carrots?

EATCARRO	Frequency	Percent
ffffffffffffffffffff	ffffffffffff	ffffffff
NONE	1200	59. 64
1-3 TIMES	614	30. 52
4-6 TIMES	115	5. 72
ONCE PER DAY	42	2.09
TWI CE PER DAY	19	0.94
3 TIMES PER DAY	4	0. 20
4+ TIMES PER DAY	18	0. 89

Frequency Missing = 36

77. During the past 7 days, how many times did you eat other vegetables?

EATVEG	Frequency	Percent
fffffffffffffffffff	fffffffffffff	ffffffff
NONE	337	16. 78
1-3 TIMES	762	37. 95
4-6 TIMES	498	24. 80
ONCE PER DAY	186	9. 26
TWI CE PER DAY	128	6. 37
3 TIMES PER DAY	43	2. 14
4+ TIMES PER DAY	54	2. 69

Frequency Missing = 40

78. During the past 7 days, how many glasses of milk did you drink?

DRNKMI LK	Frequency	Percent
fffffffffffffffffff	TTTTTTTTTTT	ffffffff
NONE	322	16. 22
1-3 TIMES	500	25. 19
4-6 TIMES	372	18. 74
ONCE PER DAY	240	12.09
TWI CE PER DAY	260	13. 10
3 TIMES PER DAY	136	6.85
4+ TIMES PER DAY	155	7. 81

79. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

BRTHHARD	Frequency	Percent
fffffffff	fffffffffffff	fffffffff
O DAYS	430	21. 50
1 DAY	204	10. 20
2 DAYS	192	9. 60
3 DAYS	194	9. 70
4 DAYS	135	6. 75
5 DAYS	225	11. 25
6 DAYS	112	5. 60
7 DAYS	508	25. 40

Frequency Missing = 48

80. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floors?

EXERLGHT	Frequency	Percent
fffffffff	Tffffffffffffff	fffffffff
O DAYS	713	35. 72
1 DAY	245	12. 27
2 DAYS	242	12. 12
3 DAYS	188	9. 42
4 DAYS	131	6. 56
5 DAYS	115	5. 76
6 DAYS	50	2. 51
7 DAYS	312	15. 63

81. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?

TONE	Frequency	Percent
fffffff	ffffffffffffffff	ffffffff
0 DAYS	631	31. 79
1 DAY	208	10. 48
2 DAYS	224	11. 28
3 DAYS	215	10. 83
4 DAYS	143	7. 20
5 DAYS	175	8. 82
6 DAYS	72	3. 63
7 DAYS	317	15. 97

Frequency Missing = 63

82. On an average school day, how many hours do you watch TV?

WATCHTV	Frequency	Percent
fffffffffff.	fffffffffffffff.	ffffffffff
NO TV	197	9. 92
LT ONE HOUR	329	16. 57
1 HOUR	296	14. 91
2 HOURS	440	22. 17
3 HOURS	327	16. 47
4 HOURS	200	10. 08
5+ HOURS	196	9. 87

Frequency Missing = 63

83. In an average week when you are in school, on how many days do you go to physical education classes?

PECLASS	Frequency	Percent
ffffffff.	fffffffffffff	fffffffff
O DAYS	1186	64. 53
1 DAY	43	2. 34
2 DAYS	53	2. 88
3 DAYS	137	7. 45
4 DAYS	24	1. 31
5 DAYS	395	21. 49

84. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

EXERPE	Frequency	Percent
fffffffffffffffff		fffffffff
NO PE CLASS	1189	65. 08
LT 10 MINUTES	39	2. 13
10-20 MINUTES	53	2. 90
21-30 MINUTES	89	4. 87
OVER 30 MINUTES	457	25. 01

Frequency Missing = 221

85. During the past 12 months, on how many sports teams did you play?

PLAYSPT	Frequency	Percent
fffffffff	Tfffffffffffff	fffffffff
O TEAMS	836	42. 31
1 TEAM	497	25. 15
2 TEAMS	311	15. 74
3+ TEAMS	332	16. 80

Frequency Missing = 72

86. During the past 12 months, how many times were you injured while exercising, playing sports, or being physically active and had to be treated by a doctor or nurse?

I NJEXER	Frequency	Percent
fffffffff.	fffffffffffff	fffffffff
0 TIMES	1283	65. 13
1 TIME	349	17. 72
2 TIMES	186	9.44
3 TIMES	80	4. 06
4 TIMES	25	1. 27
5+ TIMES	47	2. 39

87. Have you ever been taught about AIDS or HIV infection in school?

TAUGHT	Frequency	Percent
fffffffff	Tffffffffffffff	ffffffff
YES	1519	78. 30
NO	228	11. 75
NOT SURE	193	9. 95

Internet Resources for Educators, Parents, and Teens

For more information about the Youth Risk Behavior Survey (YRBS) and the risk behaviors it covers, please see the following Internet resources.

The Youth Risk Behavior Study

This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of YRBS data. http://www.cdc.gov/nccdphp/dash/yrbs/ov.htm

Violence

These sites include information about warning signs and prevention of violence among adolescents.

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

http://helping.apa.org/warningsigns/index.html

This information about understanding violent behavior among youth is provided by the <u>American Academy of Adolescent and Child Psychiatry</u>. http://www.aacap.org/publications/factsfam/behavior.htm

Tobacco, Alcohol, and Other Drug Use

These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.

The <u>Campaign For Tobacco-Free Kids</u> is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

http://www.tobaccofreekids.org

<u>Arkansans for Drug Free Youth</u> is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

http://www.adfy.com

<u>PREVline (Prevention Online)</u> offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information. http://www.health.org</u>

Teen Pregnancy and Sexual Behavior

These sites provide information about teen sexuality, pregnancy, and STD's.

The <u>Alan Guttmacher Institute</u> provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing. http://www.agi-usa.org/home.html

The mission of the <u>National Campaign to Prevent Teen Pregnancy</u> is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

http://www.teenpregnancy.org/

Nutrition and Physical Activity

The following sites are dedicated to providing information about healthy eating and exercise.

The <u>American Dietetic Association</u> promotes optimal nutrition and well being for all people.

http://www.eatright.org

The <u>American Council on Exercise (ACE)</u> is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit. http://www.acefitness.org/

Mental Health Issues

This sites provides information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.

The <u>National Mental Health Association</u> is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service. http://www.nmha.org

Parenting Teens

These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

http://parentingteens.about.com/home/parenting/parentingteens/

From <u>Parent's Soup</u>, a site with articles and information from educators, experts, and parents.

http://www.parentsoup.com/community/teens.html

Links for Teens

The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.

About.com's site for teenagers, including message boards and creative writing from real teens.

http://teenexchange.about.com/kidsteens/ktteens/teenexchange/

<u>Teen Voice</u> is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

http://www.teenvoices.com

Miscellaneous

The <u>Annie E. Casey Foundation</u> is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S. http://www.aecf.org

The U.S. Department of Health & Human Services http://www.dhhs.gov